

OCTOBER 2010

# the Hummer

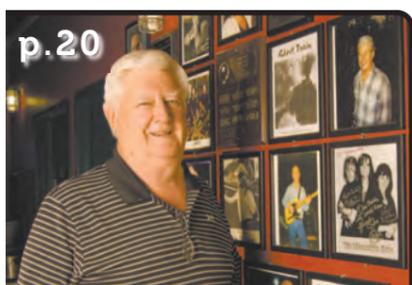
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Arts,  
Entertainment  
& Ideas



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## ARTBEAT

by Bill Buttle



"We'll have to give some thought to a new amplifier... they're scarcely cringing!"

### Humble Thought

**KNOWLEDGE** is knowing a tomato is a fruit;

**WISDOM** is not putting it in a fruit salad.

— Anon.

### Readers Write

#### Think Locally, Act Globally

The Russian government is planning to sell the Pavlovsk Experimental Station to a real estate developer; so what — just another sale of surplus government property. Well not quite. According to [www.guardian.co.uk/environment/2010/sep/20/campaign-russia-pavlovsk-seed-bank](http://www.guardian.co.uk/environment/2010/sep/20/campaign-russia-pavlovsk-seed-bank): "The station is a unique repository for more than 5000 distinct varieties of fruit trees and plants, most of which are extinct in nature or endangered. Ninety percent of the plants grown at Pavlovsk exist nowhere else in the world."

Pavlovsk is near St. Petersburg — a climate similar to ours — and apparently it is in prime cottage (dacha) country. If people interested in the issues of food quality,

security and heritage care to act decisively, there is a real opportunity to save a significant part of this resource by transplanting at least some of it. The barriers are not insurmountable; the costs are modest per species and benefits (even commercial) are real.

What is needed is coherent will and action; this letter is a call to action, as the same genetic conservation issues are prevalent in our backyard. Practical solutions such as small land set-asides with heritage plantings and a database of such resources are easily achieved. Better is the enemy of good, so let's not worry about the "best" way to proceed — just don't wait until after Pavlovsk and other similar resources are irrecoverably lost.

— Sebastian Weetabix



### Who's Reading theHumm

#### One time at a Humm, please!

Some very patient Humm readers wrote: Attached please find a picture of **Sean Norris & Jessica Hardy** (of Almonte) and theHumm straddling the prime meridian in Greenwich, England. We and theHumm made our way there on October 16, 2008 during a week-long visit to London.

#### Dear Editor,

I do humanitarian work in Guatemala. I have participated in the building of a community centre there that will be used as a school for adults and children, a feeding centre for approximately 200 children twice a week, and lastly a church. Groups go to Guatemala twice a year to do things such as this. In order to go, each of us has to raise and save the money. We all divide the cost of the supplies to build and we all participate in one way or another in building them. I am very lucky to have many people supporting me. I thank each and every one of them from the bottom of my heart all the way to the top. They know who they are — THANKS GUYS! — and I say this on behalf of the Guatemalans and myself. But I did want to give a special thanks to a few supporters that

have gone to great lengths to help my friends in Guatemala. Firstly I would like to thank Craig and Amber Hall of Equator Coffee who do so much to help others. They have donated hundreds of dollars to assure that I was able to go and build with the people. I also want to thank Moe Dagg, the insanely talented woman who is Moe's Toes. She alone raised \$380 during a toe party and *all* the proceeds have gone to my next humanitarian trip in February. Thank you Moe! You are an amazing person that I look up to greatly. You have such a big heart. Thank you for using your talents to help change the world one toe at a time :).

Thanks again everyone, I love you all!

Sincerely,  
— Katie Heroux



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theHum is a monthly arts, entertainment and ideas newspaper delivered free to businesses and visitor attractions in Almonte, Perth, Carleton Place, Westport, Pakenham, Carp, Arnprior, Lanark, Smiths Falls, Burnstown, White Lake, Balderson, and Ottawa. Our mandate is to connect and promote people and events in the small towns and rural communities of the Ottawa Valley — where the arts flourish and entertaining characters run amok!

#### Submissions

By email or on disk.

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#### Thanks this month to:

Kris's Mississippi Mills Chamber of Commerce Business Awards Gala co-organizers: Cynthia Stuart, David Baril, Emily Arbour & Don St. John... So fun to work with!

# Down the Rabbit Hole

and other works

by Angèle Desjardins

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# Richard Skrobecki's Pot Therapy

This accomplished potter produces exquisitely formed and decorated vases, bowls, jardinières and other functional objects from red earthenware clay in his home studio/showroom in Almonte.

by Sally Hansen

His medium is definitely his message. It is the red earthenware clay that drew him to this artistic profession in the first place, and it remains the essential ingredient that sustains and connects him to his place in this complex world. Born in Galt (now Cambridge) Ontario, Skrobecki conjectures that being the son of Polish immigrants who "wanted their children to be Canadian first" left him with a longing for deeper roots.

After studying Fine Arts at St. Lawrence College in Kingston, he began to discover those roots in 1985 while completing his B.F.A. at the Nova Scotia College of Art and Design in Halifax. Skrobecki credits Walter Ostrom, head of the ceramics department, with fostering a resonating connection to clay and the long history of ceramics. Skrobecki's current work is wheel-thrown and always features the rich natural colour of red earthenware clay. He coats his pieces with white slip to establish a ground for dec-

oration, and frequently employs sgraffito (incising, or scratching away the slip) to reveal the clay surface underneath.

Skrobecki's natural drawing skills were what drew him to art studies in the first place, and they are put to excellent use on his pieces. Both his design and decoration ideas reflect historical ceramic traditions as well as contemporary art and craft influences. Richard has great respect for the international Arts and Crafts Movement that emerged in the late 1800s as a reaction to the effects of the Industrial Revolution on traditional fine craft practices. The modern Studio Pottery movement emerged from this reaction and is still alive in small studios like Richard's all over the world.

After completing his education and working as a picture framer and office worker in Toronto, Richard rented studio space with a group of potters and began working on the ideas he'd been "losing sleep over" for years. Then in 2001, Richard and his partner made a drastic change from Toronto life, moving north to Iqaluit with the desire to expand their horizons. For two years Richard worked as a teacher and administrator with the Nunavut Arctic College's Fine Arts and Crafts

Programs. His Inuit students, many of whom were mature artists, taught him a great deal about Northern life, traditions and the bold, graphic nature of the imagery they used. The work was extremely demanding but very rewarding, and after two years he was ready to move back south, this time landing in Ottawa.

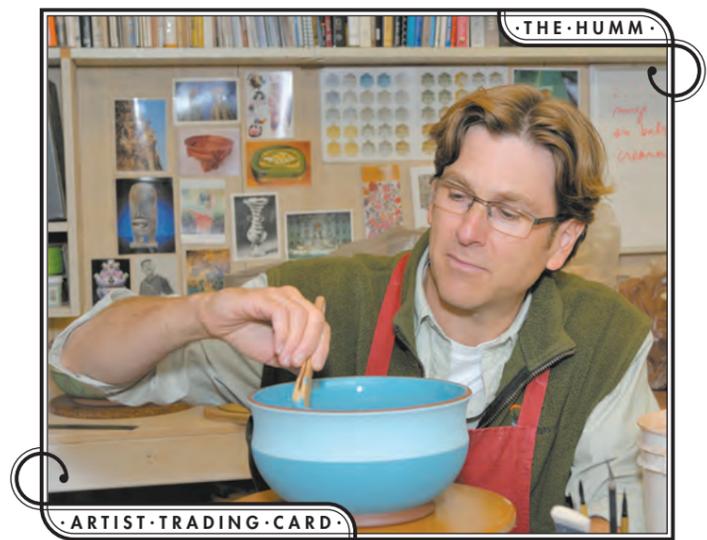
## "We Were Waiting for You!"

Let me tell you how Richard and Chris acquired their home/studio/garden. In March, 2001, *theHumm* featured Almonte potter



Leonard Dolgoy, whose home studio was at 323 Hope Street in Almonte. Today, Richard's home studio is at 323 Hope Street in Almonte. Here's how this happened.

In 2004, Skrobecki realized his dream of becoming a full-time potter, and the search for a permanent home and studio commenced. After Iqaluit, Ottawa felt too urban. Richard had become a founding member of *260 Fingers*, an annual invitational exhibition and sale of the work of outstanding clay artists and potters from eastern Ontario and western Quebec (he is now treasurer of this organization, and will be participating in their upcoming event in Ottawa.) Through his connections with potters from Almonte, he heard of a promising property to pursue. When he knocked on Leonard and Reva Dolgoy's home and introduced himself, Leonard's response was,



"Come on in; we were waiting for you." Four years later the garden continues to expand, providing Richard with more artistic inspiration and more roots.

## Pot Therapy

Ceramics are one of the world's oldest forms of cultural technology, and can be traced back more than 11,000 years to Asia and the Middle East. Lao Tzu was a Chinese Taoist Philosopher, c. 600 BCE, who is credited with this inspirational quote from the *Tao-Te Ching*: "We shape clay into a pot, but it is the emptiness inside that holds whatever we want." In recent years, Richard has found solace through his practice of fine pottery during a time of familial loss and tragedy.

Dealing with loss can eventually bring inspiration. Richard's recent vessels have strong geometric forms, painted in joyous coloured underglazes and bands of meticulously rendered patterns. These patterns accentuate the changing volumes within the pots and explore odd organic plant imagery loosely based on discoveries in his own garden. His mastery of the challenges of creating three-dimensional forms decorated in two-dimensional painted and incised design elevates his pottery to the level of fine art.

It is no wonder that a jardinière created by Richard Skrobecki was selected for inclusion in the On-

tario Arts Council's *Masterworks East* exhibitions held in five galleries across Ontario in 2009. In November, one of his pieces will appear in the new Lark Books publication, *500 Vases*.

Richard describes his functional vessels as "serving-ware," not ovenware, due to the type of clay he uses. Part of the pleasure he derives from creating earthenware pottery is the knowledge that his pieces will enrich the personal spaces of people's daily lives. The bowl or vase or jardinière they choose will become a familiar, friendly reminder of the satisfaction that comes from the successful marriage of form, function and beauty.

There are several upcoming opportunities to experience the fruits of Skrobecki's pottery compulsion firsthand. His studio in Almonte is stop number 6 of the Thanksgiving Weekend **Crown & Pumpkin Studio Tour** taking place November 9 to 11 in Clayton and Almonte ([www.crownandpumpkin.com](http://www.crownandpumpkin.com), or 256-3647). Bookbinder and printmaker Wendy Kennedy Sobol will be his guest exhibitor. From November 12 to 14 Richard will be participating in the annual **260 Fingers** invitational exhibition and sale of clay art in Ottawa at the Glebe Community Centre <[www.260fingers.ca](http://www.260fingers.ca)>. From March 26 to 27, 2011, his work will be available during the **Maple Run Studio Tour** in Parkenham <[www.maplerun.on.ca](http://www.maplerun.on.ca)>.



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**WHO** Richard Skrobecki

**WHAT** Red Earthenware Pottery

**WHERE** Home Studio/Showroom at 323 Hope St., Almonte, (please call ahead, 256-4766), <r.skrobecki@sympatico.ca>  
Palms Café & Gallery, 78 Mill St., Almonte

**WHEN** Oct. 9-11: Crown & Pumpkin Studio Tour, Almonte, <www.crownandpumpkin.com>, Nov. 12-14: 260 Fingers, Ottawa, <www.260fingers.ca>; Mar. 26-27, 2011: Maple Run Studio Tour, <www.maplerun.on.ca>

**WHY** "It's a joyful compulsion; I just love making pots."

ARTIST TRADING CARD

THE HUMM

# Perth Autumn Studio Tour

In the 70s and 80s, Eastern Ontario was the destination of many artists and artisans leaving the cities in the hope of making a sustainable living from their skills and the land. Their aims are the same today, and mainstream culture is slowly catching up with the concept that it might be possible to live simply, grow much of your own food, and earn a living by working with your hands.

The artisans on the Perth Autumn Studio Tour have a commitment to maintain a viable way of life in a rural environment. They have spent many years perfecting their crafts, developing methods and materials, and embracing new technologies to enable them to continue making a living from their art. Not only do they garner ideas from their surroundings, but they contribute to the local community and economy by drawing visitors into the area. The studio tour invites the public to learn a little of the lifestyles of the artists and to help support the local economy.

Visitors to the Perth Autumn Studio Tour can meet with craftspeople epitomizing the ideal of sustainable rural living, using a multitude of skills and a willingness to work in many areas to maintain their way of life. Some of us combine our artistic work with farming, gardening, and a variety of jobs to enable us to follow our chosen lifestyle, but all of us work long hours to prepare for the shows and tours that we have developed over the years to showcase our work.

Many of the artisans in the Tour are also encouraging visitors to learn more of rural life and craft skills through demonstrations on the tour and summer workshops. The craftsmanship of past years can be seen in the canoe making of Brent Kirkham, the rustic furniture of Dean Spence, and the fine wood turning and furniture making of David Ambrose and of Dunn Sohn, who uses machinery lovingly rescued and restored to working order.

Sarah Hale has taken the ancient art of batik to new levels with her finely detailed representations of the landscape and flora and fauna of the Canadian Shield. She is still experimenting with



Meet the people who make the art on this year's Perth Autumn Studio Tour (above, Rita Redner; below, Franc Van Oort)

techniques and new materials such as the hemp and cotton that she uses to produce more textured works. Using the material of the Shield as inspiration, John Schweighardt, who is new to the tour this year, works with the rocks and stones he finds in the area to create bowls and sculptures, large and small, for indoors and out.

Directly and indirectly the area influences our work, whether in the landscapes of Gary Barr, the photographs of new tour member Jane Cass, or the vibrant colours of artist Suzette MacSkimming, weaver Heather Sherratt, and potters Glenn Gangnier and Ali Ross. Local materials, history and traditions are woven through our lives and art as we try to perfect our skills and develop a sustainable life in the rough Shield country that provides our challenges, inspiration and materials. Visitors to the Perth Autumn Studio Tour are invited to enjoy our work and the surroundings that inspire it.

In its eighteenth year, the tour has added five new artisans and two new locations but is still held on Thanksgiving weekend, October 9 to 11, open every day from 10AM to 5PM. Less than an hour from Ottawa or Kingston, the tour is compact, allowing visitors to see all of the studios in one day's easy drive, starting from either end. Admission is free and lunch is available at the Brooke Valley School. For more information, contact Riverguild at 267-5237 or see <www.perthstudiotour.com>.  
— Heather Sherratt



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# PCC Brings Demon Barber to Perth

The **Perth Community Choir's** fall production for 2010 should be a challenging one. It is also cause for celebration.

The 29-year-old community theatre company will be bringing *Sweeney Todd, The Demon Barber of Fleet Street* — commonly recognized as Stephen Sondheim's true masterwork — to the stage

by John Pigeau

of Perth and District High School. The production will also mark the thirtieth anniversary show for director Janice Jacklin and orchestra director Brad Mills.

In 1980, Brad brought a Queen's production of the musical *Godspell* to Perth, a show featuring Janice (then Janice Perry). The following year, when the two were both teachers in the Perth area, each recognized a void in the local music scene, and teamed up to stage the first production by the Perth Community Choir.

Thirty years later, with *Sweeney Todd*, the two will be producing what could likely be the PCC's biggest challenge yet. Among actors, directors, producers and musicians alike, *Sweeney Todd* is widely thought of as one of the most challenging shows to stage.

David Jacklin, producing director for BarnDoor Productions, explains: "*Sweeney Todd* simply stands head and shoulders above

any other piece of American musical theatre, in terms of the scope and power of its dramatic impact, the complexity and craftsmanship of its score and lyrics, and the sheer theatricality of its form. Stephen Sondheim's music and lyrics are filled, on the one hand, with minute detail that makes every moment sparkle with vitality and, on the other hand, with tremendous, wall-shaking power... The emotional range of the show goes far beyond A to Z," he adds, "some new letters would have to be invented."

*Sweeney Todd* is a 1979 thriller with music and lyrics by Stephen Sondheim and libretto by Hugh Wheeler. It tells the story of Benjamin Barker, alias Sweeney Todd, a barber wrongfully convicted and transported to Australia in the 1800s, who returns to London to seek revenge on the wrongdoers, and of Mrs. Lovett, the happily amoral pie shop owner who provides him with a unique way of achieving it. Winner of nine Tony awards, including Best Musical of 1979 and Best Revival of a Musical in 2006, the musical thriller has achieved legendary status both for the complexity of Stephen Sondheim's musical score and lyrics and for the dramatic depth of its beautifully dark "Grand Guignol" story.

For the PCC's fall production, director Janice Jacklin will return to Sondheim's early vision for the show: a bare-bones, simply-staged musical, focusing fully on the performances, the music and the drama. Brad Mills, a professional organist, will conduct a twelve-piece orchestra from the keyboard of a Wurlitzer concert organ in the pit typically occupied by the orchestra. Meantime, the orchestra will be on stage, with the show going on around them.

David Jacklin says having the orchestra on stage is unusual for

any show. "I guess you could say that everything about this show is unusual," he says. "It stretches the boundaries of the facility, the cast, the musicians — and perhaps the audience. It was a scary thought going in, but everyone involved has taken a deep breath and decided: go big, or go home — we're going big!"

A cast of about thirty, many familiar to local audiences, will star in the show. The principals include PCC newcomer Stephen Morgenstern as the street waif Tobias, Janice Reid as the mad Beggar Woman, Scott Somerville as pseudo-Italian Pirelli, Ron Cosens as nefarious Beadle Bamford, Gary King as the menacing Judge Turpin, Chris Angel as earnest Anthony Hope, and Kristen Widenmaier as innocent Johanna. Nicola Oddy, regionally well known as a singer, takes on her first major stage role in a number of years as Mrs. Lovett, whose pie shop is the scene of the dark doings in the play. David Jacklin plays Sweeney, intent on revenge at any cost.

"Sweeney Todd is an intense, consuming role for an actor," David says. "The vocal demands are extreme and the emotional intensity is constant throughout the show. To play the role successfully, an actor must be able to bring the audience along with Sweeney on his descent into madness — and make them enjoy it! As if that weren't enough of a challenge, you have to do that while performing songs such as *Epiphany*, which tests a performer's voice and musical ability to the limit. Sweeney is a marathon for the performer — but he can't let the audience in on that secret."

He also says audiences can expect a skilled performance from Nicola Oddy, playing the role of Mrs. Lovett. "Audiences will be seeing a very different Nicola than

they've seen before, that's for sure! Casting against type can be very fulfilling for both the performer and the audience watching, who knows them. Nicola is bringing immense energy and enthusiasm, along with a remarkable voice, to the character. She will get to stretch her talents in different ways and have fun doing it."

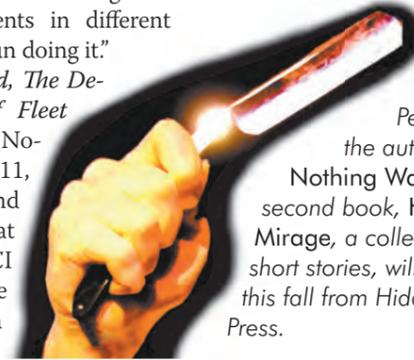
*Sweeney Todd, The Demon Barber of Fleet Street* will run November 4, 5, 6, 11, 12, 13 at 8PM and November 7 at 2PM at the PDCI Mason Theatre at 13 Victoria Street in Perth.

Tickets are available at Tickets Please <[www.ticketsplease.ca](http://www.ticketsplease.ca)>, 39 Foster Street in Perth (at Jo's Clothes, call 485-6434). Tickets are \$22, all inclusive. This show is an intense drama dealing with adult themes and is not recommended for smaller children.

— John Pigeau lives in

Perth and is the author of *The*

*Nothing Waltz*. His second book, *Highway Mirage*, a collection of short stories, will be out this fall from Hidden Brook Press.



## It's Not Your Eyes

Yes, *theHumm* looks different. After almost twelve years of publication, we figured we were ready for a whole new look — something fresh, something creative, something... time-consuming! Aye, there was the rub. Like the cobbler's kids who go without new shoes, we would start each month with the best of intentions, but somehow by deadline time, after 79 ad designs and a few posters, we'd convince ourselves that the old "tried and true" would still have to do.

### Enter Sam Hamilton

Fortunately for us (and you too, we think!), a wonderful young designer by the name of Sam Hamilton <[www.samhdesign.com](http://www.samhdesign.com)> found himself thinking about the look of *theHumm*. Looking from the outside in as a reader, a designer, and an engaged member of the artistic community in the Ottawa Valley, Sam came up with an approach to our masthead and logo (to start with) that he felt reflected the spirit of our publication. From there, he proceeded to give the front page a more cohesive look, and then carried some of the design elements into the structure of *theHumm's* interior.

By now we were thoroughly enjoying working with Sam, so we turned our collective attention to things like our monthly calendar of events. You'll find funky new icons, and even a few new categories! Next stop — our website — which is currently undergoing a similar overhaul.

Hopefully, the new look will be embraced as a refreshing and beautiful transformation of one of your favourite publications. We are very happy with the result, and we hope you like it too!

— Rob & Kris Riendeau

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Monkeyjunk  
December



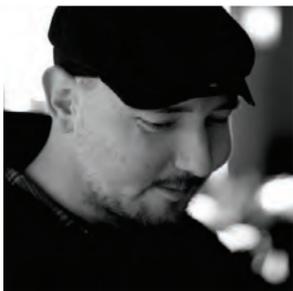
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# A Full Harvest of Shows

Perth's **Studio Theatre Productions** brings a nicely contrasting evening of one-acts to the Studio stage on October 14, 15 and 16 at 8PM and on Sunday the 17<sup>th</sup> at 2PM. Both shows mark the directorial debuts of vastly experienced theatre people from the area. *The Last Act is a Solo* is a fascinating dramatic study of personal independence as seen through the eyes of a celebrated but aging actress, directed by locally celebrated, if not aging, actress Kathie Reid. *My Narrator* is an engaging romantic comedy

by Ian Doig

about when (and when not!) to listen to one's own inner voice, directed by the ranking stage manager on the Perth scene, Roberta Peets. Tickets are \$18 in advance from The Book Nook, The Bookworm or Tickets Please!, all in Perth, or \$20 at the door.

October 30 and 31 marks the **Mississippi Mudds'** latest venture into Murder Mystery Dinner Theatre with *Prints Of Darkness*, at Tijuana Tilly's on Highway 7 in Carleton Place. To purchase your ticket, visit Tijuana Tilly's or call them at 257-1700, and don't forget to let them know your meal choice when you buy your ticket! For more information on all Mudds shows, visit <mississippimudds.ca>.

Up in Almonte, rehearsals are in progress for *Harvest*, the **Valley Players'** entry in the Eastern Ontario Drama League one-act festival

and competition at the Ottawa Little Theatre in November. After their very successful run of *Quilts from Hell* at the Mississippi Valley Textile Museum, the Players are also looking ahead to February, when they will present Norm Foster's *Looking*.

And over in Merrickville, **TNIM** (Theatre Night in Merrickville) is in rehearsal for their December production of the riotous *The Farn-dale Avenue Housing Estate Townswomen's Guild Dramatic Society's Production of 'A Christmas Carol'* which, as anyone who has seen it knows, is a specimen of what can best be called "rough theatre". It should be a show well worth seeing for anyone who doesn't mind getting a pain in the side from laughing!



Catch the Mississippi Mudds in *Prints of Darkness* on the weekend of October 30 and 31

## Come and Audition for a Labour of Love

Here's a chance for performers from nine to sixty years of age to be part of the world premiere of an opera that has been a labour of love for Lanark-based composer Peter Paul Morgan for close to forty years.

*Open House* is a tuneful contemporary opera that features a wide variety of musical styles from swing to rap and rock to jazz, along with more traditional operatic styles. It is a full "through-composed" opera, meaning that the entire work is sung, but it is very definitely contemporary in approach and sound. A cast of twelve community performers will be backed by a ten-piece professional orchestra in this two-act, two-hour production.

It's the story of a mother, her two children, a foster child, and their friends who are filling the gap left by the sudden death of the father. Forced to sell their rustic home, they enlist the help of an ingenious real estate agent to stave off a greedy developer. Although the story is simple, it is the interaction of the characters that gives the show its drama.

Composer Peter Paul Morgan has been working on the show, on and off, for about forty years, and the debut in March of 2011 will be a realization of his desire to create a production that has emotional reality, rather than violent action, as its core.

To that end, he has enlisted a group of talented co-creators: arranger/musical director Mark Bailey, choral director Brad Mills, artistic co-directors Grace Main and Cynthia Bates, and the husband and wife producing team of David and Janice Jacklin. Together, they hope to bring to the stage a

show that may potentially go from Perth to many other towns.

Performance dates are March 10, 11, 12 and 13, at the Studio Theatre in Perth, with rehearsals beginning in January. Auditions will take place on the evening of Thursday, October 14, and during the day on Saturday, October 16, with a possible callback on Sunday the 17<sup>th</sup>. The auditions will be held at the Myriad Centre for the Arts, 1 Sherbrooke Street in Perth, arranged in sessions with groups of four auditionees, each session lasting about 45 minutes.

The age range of the characters is from nine to sixty, so there is opportunity for all ages. The characters are: Carrie, a 35-year-old mother (soprano); Amber, aged 15, female (alto); Mavvie, aged 10, female (soprano); Spinner, aged 9, male (treble/alto); Lydia, aged 11, female (soprano, dances); Gregg, aged 16, male (tenor); Bonaventure, a sixtyish male (baritone); Popinjay, male (bass); and the Hard Hats, a chorus of two to four people. Each character will have different audition requirements, so calling ahead is essential. Please call 267-1884 to arrange a time and to find specific audition requirements for each character.

*Open House* is very probably the first full opera to be produced in Perth. Additionally, it is created by a local composer, a man who has worked on the show for longer than most of the cast will have been alive. And, with its strong roles for young people, it is a unique opportunity to be involved in something unique. How unique is that?

— David Jacklin

## Christmas in the Valley Artisan Show

Are you looking for gifts with *originality, quality and attention to detail*? Then your first shopping destination should be the 21<sup>st</sup> Annual **Christmas in the Valley Artisan Show** where a juried selection of artisans, crafters and bakers will be presenting their work in a relaxed and festive atmosphere at the **Almonte Community Centre-upper hall**, 182 Bridge Street on Friday, November 5 from 2-9PM and Saturday, November 6 from 9-4PM.

Light lunches and snacks by the *Friends of the Mississippi Valley Textile Museum*.

Free admission and door prize

[www.valleyartisanshow.blogspot.com](http://www.valleyartisanshow.blogspot.com)

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# Solar and Straw Bale Open House

Have you ever wondered how solar or wind energy works? Did you ever wish you could look inside a straw bale house? Have you ever thought about the sun's ability to warm your home or heat your water? You now have an opportunity to see all of these fascinating things and more!

On Saturday, October 2, and Sunday, October 3, from 1PM to 4PM, come out to the eighth annual Solar and Straw Bale Homes Open House, near Killaloe. Whether you are considering building a new home, renovating, or are simply curious, you will discover many interesting ways to live in a greener and more energy efficient way.

Take in the fall colours as you drive through the Killaloe hills to these remarkable neighbouring homes at 480 and 526 Doyle Mountain Road. For more information, or for a map to these locations, visit <www.livingsol.com>, or call 756-3884 (preferably before October 2).



The 8<sup>th</sup> Annual Solar & Straw Bale Open House takes place in early October near Killaloe

# Care for the Land You Love

A new partnership between the Mississippi Madawaska Land Trust Conservancy (MMLTC) and the Community Foundation of Ottawa (CFO) was launched this summer as part of the province-wide "Care for the Land You Love" campaign. Offering donors a whole new way to help protect local ecosystems, the campaign is working to raise awareness and funds for the ongoing stewardship of preserved lands in the Mississippi Madawaska region and other communities across Ontario.

The local partnership also allows donors to double the impact of their gifts as each dollar contributed will be matched, to a maximum of \$20,000, by the Community Foundation of Ottawa. "This new partnership will help us raise the funds needed

to maintain and preserve special lands for generations to come," said Mary Vandenhoff, Treasurer of the MMLTC. "When the program is complete, it will provide up to 50% of the income necessary to steward property currently held by Ontario's land trusts."

The MMLTC is a non-profit charitable organization that works on behalf of the people and communities in the region, both to acquire lands for preservation, and to help landowners preserve their properties for the long term. The Land Trust covers an area that extends from the western part of the City of Ottawa in the east, to Lake Mazinaw and Highway 41 in the west, and from Sharbot Lake in the south, to the lower Madawaska River in the north.

Established in 1987, the Community Foundation of Ottawa is a public, non-profit organization created by and for the people of Ottawa. It connects donors who care with causes that matter and serves as a trusted resource for addressing issues and leveraging opportunities in the community. Since its inception, the CFO has been enabling generous citizens to enhance the quality of life in their community and to achieve their own charitable objectives through permanent, well-managed endowments.

"Care for the Land You Love" is supported by the Ontario Trillium Foundation Future Fund Program, Community Foundations of Canada and the Ontario Land Trust Alliance.

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Flavour of the Month

# Kings Creek Trees

It's October, and the holiday season has just begun — Thanksgiving, followed closely by Halloween, then *bang*, the Christmas "season" is upon us. I can't say I ever give Christmas much thought until a couple weeks before the actual day, but visiting Kings Creek Trees & Ornamentals may

by Susie Osler

have changed that this year. What are *you* doing for your Christmas trees, wreaths, and table centres this year? It's not too early to start planning! In my case, my visit has made me consider replacing my usual back forty, three-branched, 4-foot-tall, spruce-of-some-sort Christmas tree with a Kings Creek tree this year.

If anyone had told Tim and Sue Dyer thirty years ago that they would be doing what they are now doing, they would have shaken their heads. Tim and Sue moved to their 48-acre farm right after the ice storm in the winter of '98 (brave souls!). They'd been living in England (Tim's homeland) for twelve years and both had had good careers — Sue as an electrical engineer and Tim in the auto industry. The decline of both the automotive and the electronics industries in England prompted the move. Sue was offered a position in Ottawa and Tim decided to turn his attention to full-time work on their new land.

Vision and finding a niche seem to be central to any business strategy these days. Tim and Sue are on their way to creating their niche by cultivating rare (to Ontario) conifer species. Though

tree farming was never something they'd imagined themselves doing, their research revealed that there were no nurseries growing a variety of interesting, non-native conifer species in eastern Ontario. There has been a common (though perhaps misguided) belief that non-native plants would not survive; and there seemed to be little public awareness of (and hence no pre-existing market for) the variety of beautiful, unusual and hardy tree species that could be grown here. The couple saw this as an opportunity to cultivate interest in new species, and to become a respected resource in Ontario for quality, rare and unusual confers — in the form of cut Christmas trees, seedlings for other tree farmers, and dug trees for nurseries and landscapers.

Given the increasing popularity of native plants these days, I was surprised and curious to hear the arguments for selecting non-native or, in some cases, "exotic" tree species. As climate change occurs and our area warms, some of our native tree species are becoming stressed and suffering more disease as a result. Certain species, like the Jack Pine (a northern species), may have a tough time surviving in our area in the coming years. Growers like the Dyers are interested in introducing non-native species that will fare well in our changing environment, that also have distinct market value and have some potential to "fill the gap" left when other species die out in our area.

Christmas tree farming is not for the impatient, however. It

takes about fifteen years (from seed to harvest) to begin generating income from cut tree sales. In the interim years, they are working on building awareness and cultivating a market for unique conifer species, so that when the tens of thousands of seedlings they've planted and cared for become harvestable, there will be a market ready for them. Christmas tree species are selected for their shape, needle colour and formation, needle retention, and their wonderful smell. (For extensive information on the species they sell cut, dug or as seedlings, visit their excellent website.)

Everything on the farm is raised from seed planted in raised nursery beds, then moved out to field beds after a couple of years to grow on. Seedlings are sold to tree farmers around the province, or planted out at a second farm near Smiths Falls to grow into future Christmas trees or specimen trees for landscapers and nurseries. Like other farm crops, Christmas trees require a lot of maintenance. Annual pruning, shaping and shearing, weed control, mowing, and irrigation are some of the tasks necessary for proper development of the tree's form. With thousands of trees, this adds up to a lot of work each year.

I was really impressed by the extensive research into seed sources the Dyers have done. Over the years they have developed a vast network of seed sources from all over the world (Turkey, Georgia, Denmark, Santa Fe, Japan, to name a few) and have put effort into finding those that have consistent, viable and hardy seed. One would not tend to think that species from Santa Fe, NM or Japan would do well here, but it is seed from trees growing at higher elevations (even from specific mountain slopes) that is selected, due to comparable growing conditions.

In addition to tree production, the farm also now grows a wide selection of ornamental grasses (Sue's passion), and uncommon perennials, as well as annuals. Everything is grown from seed and selected for hardiness (except the annuals) and its unique ornamental value.

They also offer workshops at the farm where you can make your own personal wreath, table

Kings Creek Trees & Ornamentals



Tim and Sue Dyer

## Who They Are

Kings Creek Trees & Ornamentals, Tim and Sue Dyer  
427 King's Creek Rd.  
RR3 Ashton, ON K0A 1B0  
253-4126 <www.kingscreektrees.com>

## What They Offer

Fraser and Douglas Fir Christmas trees (cut, from November 23), unusual tree ornaments (only at the farm), a variety of rare coniferous tree seedlings and dug trees for tree growers and landscapers, a large selection of ornamental grasses, perennials, and annuals useful for planters (in season). Decorative urn kits, wreaths, table centres, Christmas planters.

Fall Workshops: 3-hour workshops on wreath making, table ornaments and urn decoration. Weekends, November through December.

## Where They Sell

At the farm; at Landsdowne Farmers Market (Ottawa) in November, Sundays from 8AM-3PM.



decoration, or urn, using materials cut from the property — a fun activity that groups of friends, family or co-workers can do together in the holiday season. They are very popular, so be sure to book well in advance. Check the website for schedules.

It may just be October, but if you are discerning about your

Christmas decorating, plan an outing to the farm for a workshop, or a tree, or take a trip to the Landsdowne farmers' market in November to pick up unique and beautifully-made wreaths, table centres, urns or even DIY urn kits! Have fun!



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 Kelly's Flowers and Fine Things, Lionel Pauzé/Piano Man,  
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# Fall Cleansing – Do It For Your Health!

Just like our houses, our bodies can accumulate unnecessary clutter, including metabolic byproducts and unhealthy substances from our environment. This can result from inactivity, eating too much, eating the wrong stuff, not enough sleep, and stress. Sound like modern life? You bet!

And when we don't balance out with some rest and lighter eating, our bodies take revenge with a host of unpleasant symptoms. You know the kind — tiredness to the point of falling asleep at your job, digestive discomfort like bloating and cramps, not wanting to get out of bed in the morning, crankiness, headaches, a disinclination to be physically intimate, mental fog and similar protests telling us the body wants some attention. Ultimately, it will bring on a cold or flu, cough, sore throat or sinus infection if we don't listen. And if we simply suppress these conditions with drugs, we set ourselves up for more chronic problems.

Fall is a natural detox season, as is spring, so these symptoms will be especially strong at this time of year if we are not in balance. At this point, our bodies will typically begin their own cleansing process with unwanted substances being released from storage and sent into the bloodstream for proper elimination from the body. If your body is functioning optimally, it should be able to handle this increased workload of processing and eliminating toxins.

Some very basic measures can be taken to support our bodies through the autumn cleanse as well as year-round. Water, air, healthy foods, herbs, homeo-

pathic remedies and nutritional supplements can all be used to enhance the cleansing experience.

Drinking water throughout the day, in the forms of either pure water or herbal teas, helps

**E**ating whole foods, while avoiding artificial or stimulating food, will provide relatively stress-free nourishment for your body.

to keep our systems hydrated and flushed out. Deep breathing supports the lungs in their role in the cleansing process and induces the relaxation response, which allows the body to fully engage in cleansing and healing. Focusing on eating whole foods, while avoiding artificial or stimulating food, will provide relatively stress-free nourishment for your body. This means decreasing refined flours and sugars, caffeine, alcohol, heavily processed foods, and artificial sweeteners, colours, and flavours.

Herbs and homeopathic remedies are used to support specific areas of the body, including the bowels, liver, kidneys, bladder, and the lymphatic system. They can be taken internally or applied topically for their cleansing affects. Vitamins and mineral formulas can further support the detoxification pathways in the body by optimizing key nutrients needed for proper waste metabolism and elimination.

Daily exercise ensures a good flow of blood and lymphatic fluids in the body so that waste is eliminated and nutrients are distributed throughout the body. Aim for at least twenty consecutive minutes daily. During

cleansing periods, doing more gentle activities such as walking, yoga, or tai chi is recommended. Herbal wraps, steam baths, saunas, lymphatic drainage and massage are other effective treatments for encouraging cleansing

activity in the body. These approaches tend to work mostly with the skin and the lymphatic system, though they may benefit the whole body as they promote the relaxation response.

Finally, research shows the powerfully beneficial effects of positive thinking on the body. Staying calm and upbeat will help mediate the effects of stress and contribute to optimal functioning.

Incorporating these supportive measures can lead to increased energy, mental alertness, improved moods and improved overall health. Not to mention avoiding colds and flus! For an individualized cleansing approach, speak with your local naturopathic doctor, herbalist, homeopath, and/or registered massage therapist.

— Katherine Willow N.D. is a licensed naturopathic doctor. She can be reached at the Carp Ridge EcoWellness Centre by calling 839-1198. Join them for their fall cleansing retreat, October 22 to 24, and attend their monthly public Open House with a free talk on cleansing on Saturday, October 16. Visit [www.ecowellness.com](http://www.ecowellness.com) for more details.

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# Mississippi Grannies

On September 8, the Mississippi Grannies hosted a luncheon for cyclists from Kanata's Grassroots Grannies, who cycled over 270 kilometres to turn the tide of HIV/AIDS by raising money for the Stephen Lewis Foundation.

The Mississippi Grannies, a group of twenty local Almonte and area grannies, are part of the Grandmothers to Grandmothers Campaign, which raises awareness and mobilizes support in Canada for Africa's grandmothers. They are one of 240 granny groups across the country who are making a difference in the lives of thousands of children orphaned by AIDS, and the remarkable grandmothers who care for them.

Since their formation in 2006, the Mississippi Grannies have increased awareness and raised al-

most \$20,000 for the Stephen Lewis Foundation through information sessions and fundraising events, such as the sale of cards, shopping bags, plants and baked goods. They appreciate the tremendous support they have received from the Mississippi Mills community!

Their next fundraising event will be the annual Christmas Bake Sale on December 11 in Almonte. If you cannot attend the event, baking can be ordered in advance — watch for flyers and announcements of further details.

In the meantime, if you are interested in joining or supporting the Mississippi Grannies, please contact Lesley Todd at <ladylesley60@hotmail.com>. For more details about the Stephen Lewis Foundation, visit <www.stephenlewisfoundation.org>.



The Mississippi Grannies recently hosted a luncheon for cyclists from Kanata's Grassroots Grannies, who cycled over 270 kilometres to raise money for the Stephen Lewis Foundation

# Granny Scrabble

Lanark County grandmothers and others — come out and show how well you spell, while having some fun! Bring the whole family as this is an event for all ages. **Grands and Friends** are hosting their third annual Scrabble FUNdraiser on October 16. It will be held at All Saints High School, 5115 Kanata Avenue in Kanata, from 10AM until 2PM. A café will be available, along with great prizes. The cost is \$40 per team of four, plus pledge sheets to raise as much as possible. Individuals may register for \$10. Contact Laura at <laura.dorris@rogers.com> or 592-0266. All levels of players are welcome, and teams are encouraged to provide their own Scrabble game.

Grands and Friends is a group of women who come from Blacks Corners, Ottawa and Gatineau and who have a common goal of raising awareness about the plight of African grandmothers. They are part of the Grandmother to Grandmother Campaign which supports the efforts of the Stephen Lewis Foundation. Funds raised in Canada go to grassroots projects such as school uni-

forms, bereavement counselling, AIDS education, health care, dignified burials, and distribution of food, to name a few. Over 300 projects in fifteen countries have been assisted by the Stephen Lewis Foundation.

Recently, during the Afrigrand Caravan, a visiting African grandmother, Regina Mokgokong, told members of Grands and Friends that they do not have a word for orphans in her country — when a mother dies, the women left become the mother. She said the Canadian women participating in the Grandmother to Grandmother Campaign have, in a way, also become their mothers through their support.

Help us make a difference in the lives of these heroic women who are doing everything it takes to help their families and communities survive this pandemic and bring hope for the future. To learn more about the Grandmother to Grandmother Campaign and the Foundation's work in Africa visit <www.stephenlewisfoundation.org>.

— Patti Koeslag

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## Christmas in the Valley Artisan Show

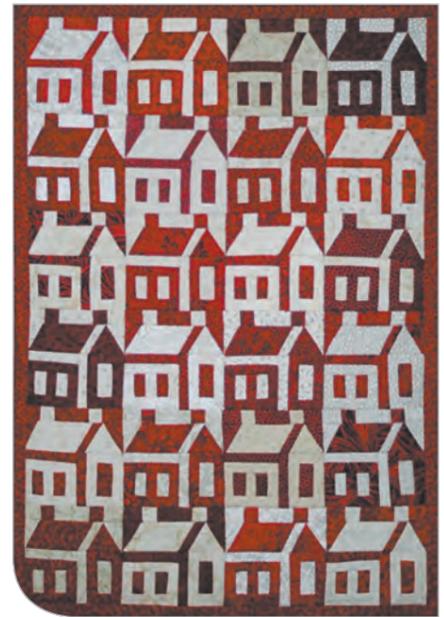
Are you looking for gifts with originality, quality and attention to detail? Then your first shopping destination should be the 22<sup>nd</sup> Christmas in the Valley Artisan Show, where a juried selection of over twenty-five artisans, crafters and bakers will be presenting their work in a relaxed and festive atmosphere. Find them at the Almonte Community Centre Upper Hall, 182 Bridge Street, on Friday, November 5, from 2 to 9PM, and Saturday from 9AM to 4PM.

The Valley Artisan Show strives to bring in new vendors and old favourites to give you a wide variety of handcrafted items for those special people on your shopping list (or something for yourself!).

Realistic wildlife carvings, sun-catching stained and fused glass, rustic pottery, scented soaps, honey and maple products, silky scarves and stunning knitted hats, delicious cakes and sweet confections, framed miniature quilts, twinkling glass boxes, creative floral arrangements, a wide variety of knitting and sewing, and decorative and useful woodworking items are just some examples of what you will find at this popular annual show.

A snack bar serving light lunches and sweet treats will be tended by the Friends of the Mississippi Valley Textile Museum

as a fundraiser for museum projects. Free admission, wheelchair accessible, lots of parking and a door prize for a lucky winner — what more could you ask for? Visit [www.valleyartisanshow.blogspot.com](http://www.valleyartisanshow.blogspot.com) for more details.



Find miniature quilts by Nadine Sculland among the many delights at the Christmas in the Valley show

## Nature Walk to Blueberry Mountain

There couldn't be a better time of year to climb Blueberry Mountain than the fall. From the top, the view is a spectacular patchwork of brilliant colours as far as the eye can see.

On Sunday, October 3, the Mississippi Madawaska Land Trust Conservancy (MMLTC) is hosting a guided hike to the mountain top to raise funds for the ongoing maintenance of this special property. In 2009, the Clifford family placed a conservation easement on the land which will protect it for 999 years. It is the second-largest legally protected area in Lanark County, next to Murphy's Point Provincial Park, and county residents voted it one of the Seven Wonders of Lanark County. This beautiful 1,250-acre wilderness area was used for many years to run the Alba Wilderness School, which closed its doors last year. The area is now fondly known as cliffLAND and is still open to visitors by appointment.

On October 3, beginning at 10AM, several naturalists will begin guiding groups to the mountain top and will provide commentary on the various plants and animals to be found in this nature sanctuary. The hike to the top takes about 45 minutes and is fairly easy walking, with one short, steep climb near the top. It is recommending that hikers wear appropriate footwear with a good grip and be prepared for all types of weather by dressing in layers.



Once you reach the top, you'll likely want to stay and enjoy the view for a while, so why not bring along a picnic lunch? You're liable to hear the sweet strains of the violin as you savour your lunch or the haunting sound of the flute wafting over the hillside. A mystery guest will be making an appearance to entertain viewers. When you descend from the mountain top, dessert treats and refreshing beverages will be awaiting you at the bottom.

The entrance fee is \$10 per person; children 12 and under are free. If you take out a membership in the MMLTC (\$20 for individuals, \$30 for families), the entrance fee will be waived. cliffLAND is located at 502 Hills of Peace Road, near Flower Station, in Lanark Highlands. A map is provided on the website at [www.mmltc.ca](http://www.mmltc.ca). For more information, call Howard or Jean Clifford at 259-3412.

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December 3, 2010  
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## Kintail Country Christmas

December 11, 2010  
Mill of Kintail

Visit the Mill of Kintail Conservation Area for music, crafts, stories, refreshments, Father Christmas and more! Call 613-256-3610 x 2 for details. [www.millofkintail.com](http://www.millofkintail.com)

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January 25-30, 2011  
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Six days of Winter fun with many events for all to enjoy! Dress warmly and bring the whole family — there's something for all ages.  
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March 26 & 27, 2011  
Pakenham area

Join us for this self-guided tour to celebrate Spring and enjoy the creativity of local artists. You'll find tasty lunches along the route and Fulton's Maple Shoppe too. [www.maplerun.on.ca](http://www.maplerun.on.ca)



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April 1-3, 2011  
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For more information, please contact Nicole Guthrie at [nguthrie@mississippimills.ca](mailto:nguthrie@mississippimills.ca) or visit [www.mississippimills.ca](http://www.mississippimills.ca)

# “Fall” in Love With Art!

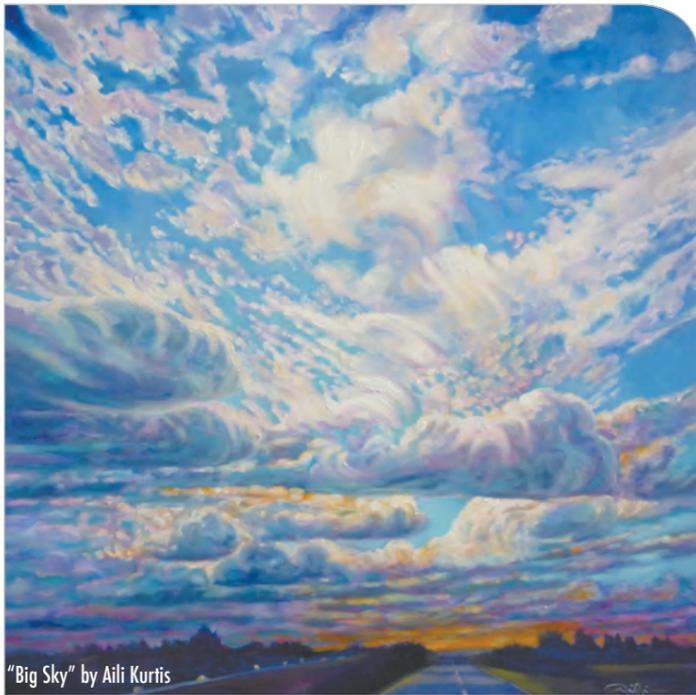
## Gallery Perth at Code's Mill

Gallery Perth announces its second location: historic Code's Mill on Foster and Herriott Streets in Perth. This former felt mill with its stone walls, tall ceilings and high windows makes a stunning showcase for local artists. Sharing the building with a welcoming coffee shop,

by Miss Cellaneous

excellent restaurant and innovative gift shop makes a visit to Gallery Perth at Code's Mill a wonderful way to spend an afternoon.

Currently on display are the paintings of Gordon Harrison,



"Big Sky" by Aili Kurtis

Bonnie Brooks, Wayne Williams, Aili Kurtis, Donna Lynd, David Armstrong, Sally Chupick, Catherine Simpson, Marc Brustzowski, Margaret Ferraro and, for a bit of fun, colourful Tingatinga art from the street painters of Tanzania. Connie Strang's extravagant jewellery is a dazzling addition to the Gallery.

Hours are 10AM to 4PM on Friday, Saturday and Sunday. Hope to see you there!

## Westport's Fall Colours Studio Tour

On October 9 to 11, from 10AM to 5PM, Westport area artists welcome you to their studios where you will discover an exciting and eclectic range of juried, high quality, original work. Indulge in fall's brilliant colours as you tour from studio to studio — thirteen on the tour — presenting a total of thirty outstanding artists. Use the handy map to choose your own starting point and then watch for the signs. On the tour you will find one-of-a-kind painted bowls, chairs, paddles, fine jewellery, primitive rug-hooking, folk art, fine carving, stained and three dimensional glass, recycled agricultural implements, Celtic-

inspired and textured pottery, funky dolls, unique photographic images, gourd birdfeeders and houses, acrylics and oils, abstract wood sculptures, unique creative clothing, basketry, polymer clay jewellery, woodturning, painted wooden pieces, stone cast garden sculptures, hand-knit items and supplies.

The friendly village of Westport offers a variety of restaurants, accommodations and conveniences. Contact Loretta

Moore at <hookedonthelake@kingston.net> or visit <www.artatwork.ca/westport\_studiotours> for more details, including the map.

## Art in the Big Fish

The West Carleton Arts Society proudly presents "Expressions of Art", an exhibit and sale featuring the works of over thirty exceptional local artists. This 20<sup>th</sup> annual show is once again being held in the spacious Carp Agricultural Hall during the Thanksgiving long weekend, October 9 and 10.

This is a wonderful family outing where you can view the works of fine artists and artisans as well as emerging new artists. Come and admire exquisite watercolours, inventive abstract paintings, spectacular photographs, wood, fabric, pottery, jewellery, and so much more! What a perfect opportunity to choose that special piece of art for yourself or a loved one.

The Carp Agricultural Hall is located at the Carp Fairgrounds, at 3790 Carp Road. For more information, contact Rosy Somerville at 839-1918.

The West Carleton Arts Society continues to contribute to the understanding, development and advancement of the visual arts in West Ottawa and the surrounding regions. They are committed to supporting local emerging artists.

## Stittsville Studio Tour

You are invited to the 7<sup>th</sup> annual Stittsville Studio Tour. This self-guided tour allows you the unique opportunity to meet nine artists from Stittsville as they open their studios to the public.

Come and view their most recent creations in acrylics, oils, watercolours, mixed media, and photography. Purchase your very own original artwork. The tour runs Saturday, November 6, and Sunday, November 7, from 10AM to 5PM. For maps of the tour or more information, see <www.stittvillestudiotour.com>.



## Angèle in Wonderland

Almonte-area audiences know Angèle Desjardins as a singer/songwriter of considerable talent. Her performances at the Heirloom Café established her as a strong contributor to the local music community. Her latest venture will bring some of her other significant artistic abilities to light.

*Down the Rabbit Hole and other works* features Angèle's latest paintings in oil and acrylic. Her canvases create vividly colourful worlds that are at once autobiographical and surreal. By incorporating three dimensional elements into her work — sculptured fabrics, found objects, other textures, even breaking down the canvas itself — she attempts to push past the two dimensional surface.

After earning her BFA from the University of Western Ontario, Angèle split her time between her music and her visual artwork. She has completed several private commissions and lent her talents to theatre design projects on the East Coast.

Join Angèle for the opening of her show at the Philip K. Wood Gallery at 7 Mill Street in Almonte in the Victoria Woollen Mill. The show opens on October 15 with a vernissage from 6 until 9PM. Consider making an evening of it with dinner at the Heirloom Café conveniently located downstairs from the gallery. The show continues until November 14.



## Fall Offerings

Fall Decor and Halloween Themed Workshops, all ages  
Saturdays and some evenings

Art and Craft Classes for Kids  
Adult day and evening Art Classes  
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and more...



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December 11 & 12 (10AM-3PM),  
Kids' Christmas workshop

October 18-20,  
Introduction to Life Drawing

November 5-17,  
Heads, Hands and Feet

November 29 - December 3,  
Introduction to Acrylics

to register, or for more information: (613) 839-5241  
margferraro@xplornet.ca or www.ferraro-art.com

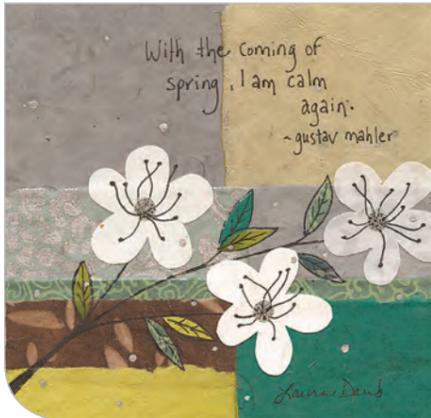
# Handmade Harvest — Not Your Traditional Craft Show!

It began innocently enough.

Emily Arbour, owner of Blackbird, a funky little gift shop in Almonte, decided that after a year in business it was time to hire an employee. She knew she liked Colleen Hewitt. She was a loyal customer, she was friendly and, perhaps most importantly, she was crafty. Emily had already commissioned Colleen to hand-embroider some bags to sell in the shop.

The two became quick friends and creative brainstorming meetings became a regular occurrence.

In February 2010, in an effort to generate a little extra activity in the store during a typically slower-paced time of year, Emily and Colleen had an idea: workshops! An original concept? Perhaps not, but the girls were already spending their evenings at home trying their hand at new crafty projects and sharing their ideas with one another. Why not start holding classes in the shop?



And so Handmade Nest, Blackbird's sister company, was born.

Every other week, Emily and Colleen began firing out new creative ideas to the members of Blackbird's mailing list. And every week the classes were filling up. Often second nights were added to accommodate the response. They had found their niche.

Through the workshops, they met all kinds of people. Some would come out just for the friendly banter, without much concern as to whether or not they left with a beautiful wreath, or perhaps a resin pendant without a finger print embedded in it.

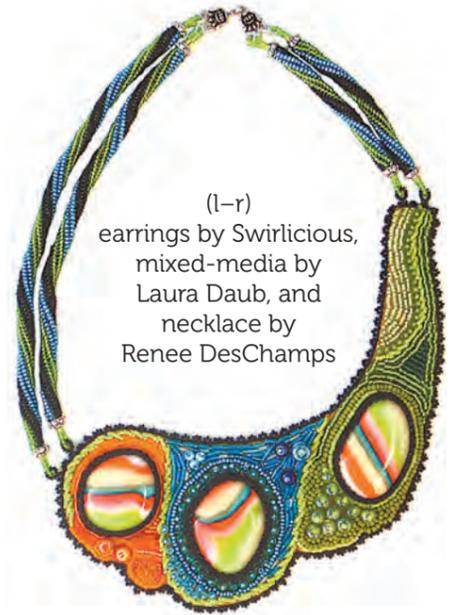
Others were serious. And seriously talented. A new idea was sprouting.

In June of this year, Colleen and Emily began plotting a "Handmade Harvest" fall

craft show. The plan was to gather up all the talented crafters they'd met over the past months at the workshops, and put them all together in one venue to share and sell their handmade wares. They chose Saturday, November 6, as the date, rented the Almonte Old Town Hall, and launched a Call for Crafters. By August 1, the organizers had received almost twice the number of applications they needed to fill the spots available. And the applicants weren't just people they knew! Some were from as far as Kingston, even Toronto. And Ottawa, Stittsville, Carleton Place and Almonte are all well-represented.

With assistance from a dedicated panel of judges, the applications were narrowed down to just over thirty. Naturally, all works sold at the show will be original and made by hand by the individual crafter. Reflecting the chic and funky sensibilities of the dynamic duo of Emily and Colleen, Handmade Harvest will feature a well-rounded selection of everything from jewellery and accessories to body care and paper goods, as well as toys, home fashions, and even edibles. You can check out the full roster of participants at <www.handmadeharvest.com>.

The admission is free and so is the parking, so come to Almonte on Saturday, November 6, and join in the handmade fun. Plan to arrive early, because there will



(l-r)  
earrings by Swirlicious,  
mixed-media by  
Laura Daub, and  
necklace by  
Renee DesChamps

be goody bags for the first fifty customers. Handmade Harvest runs from 9AM to 5PM at the Old Town Hall (14 Bridge Street). Plan to stay for the day, and don't forget to visit the annual Christmas in the Valley Artisan Show taking place just up the street at the Almonte Community Centre. If you include a foray down Mill Street to visit all the terrific shops downtown, you can do all of your holiday shopping in one friendly town in one day!

And a note to crafters — a Spring Handmade Harvest show is already in the works. Interested vendors can find out more at <www.handmadeharvest.com>.

— Kris Riendeau



## we've got it going on

- EVERY OTHER WEEK: creative workshops by Handmade Nest
- THURS OCT 7: First annual "Pursenickety" accessories event
- SAT NOV 6: Handmade Harvest Craft Show
- FRI NOV 12: Blackbird's 4th Annual Holiday Party
- THURS DEC 9 & 16: Kid's Only Shopping Nights
- MON DEC 13 THRU 24: 12 Days of Christmas. Mill St shops open 'til 7PM
- FRI DEC 17: Men's Shopping Night. Open until 9PM

and it's only October! you just **know** there are more ideas still brewing. in the meantime, for more info and to stay in the loop about upcoming sales and events visit our website or join the mailing list at [www.blackbirdshop.ca](http://www.blackbirdshop.ca).

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Start your handmade holiday shopping at the



This one of a kind event will host many of the area's undiscovered DIY talents, and promises to be just the place to find unique handmade gifts and spend a day surrounded by inspiration.

We're talking everything from clothing, jewelry & accessories to body care, home decor, toys and even edibles.

Admission is free and so is the parking, so come to Almonte and join in the handmade fun.

**Saturday November 6th, 2010**  
**9am to 5pm**  
**Almonte Old Town Hall**

[www.handmadeharvest.com](http://www.handmadeharvest.com)

A big thank you to our sponsors



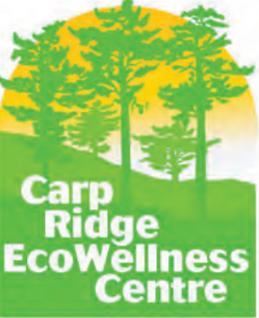
Don's Meat Market is proud to add  
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**Don's Meat Market**  
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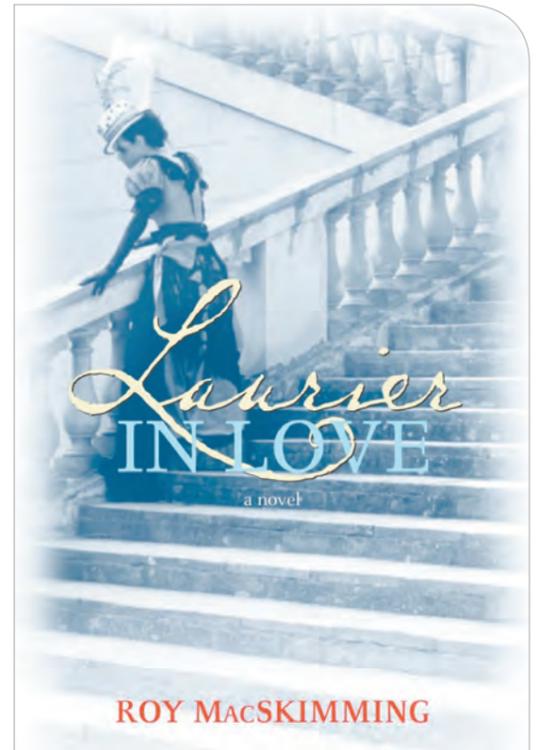


# Back by Popular Demand: Books and Beer!

Meet author Roy MacSkimming at The Barley Mow in Almonte on Wednesday, October 13 at 7PM and celebrate the release of his new book entitled *Laurier in Love*. Roy will share his experiences in writing historical fiction and read from his new book. This fun and informative event is brought to you by Mill Street Books in Almonte (256-9090).

*Laurier in Love* reveals Sir Wilfrid Laurier as Canadians have never known him: deeply enmeshed in a passionate, enduring love triangle as he leads his country into a new century. A gifted, inspiring and wildly popular Prime Minister, Laurier is equally devoted to his quiet, faithful wife Zoë and his ambitious, charismatic lover Émilie Lavergne. The story is told through the eyes of these remarkably realized women — friends who are also rivals for Laurier's heart. They must contend with the dark contradictions in his nature as he professes commitment to both of them while uniting a divided nation.

Other books by Roy MacSkimming include *MacDonald, A Novel* (written from the point of view of Sir John A. Macdonald's private secretary, Joseph Pope), *Gordie — A Hockey Legend*, and *The Perilous Trade — Book Publishing in Canada*.



# Ottawa Valley Country Music Hall of Fame

The Board of Directors of the Ottawa Valley Country Music Hall of Fame is very pleased to announce the inductees to be honoured at its 2010 Awards Show and Induction Ceremonies. They are: Fred Ducharme, Gail Gavan, Charlie Kitts, and Radio Station CKBY.

*theHumm* caught up with Charlie Kitts in Almonte, where he occasionally takes a break from his busy career as a popular emcee to run the successful Naismith Sports Pub. Although not a musician himself, Charlie has been instrumental as a musical spokesperson and "builder" of the Ottawa Valley country music scene. He is constantly sought after as an event emcee — in fact, during the month of July he figures he was booked for a total of seventeen days, covering everything from one-day concerts to multi-day jamborees. In his "spare" time he hosts two radio shows on radio station CHIP, has served several terms on the Hall of Fame board of directors, and of course books live Valley country music every Saturday at his pub. In addition to the satisfaction of helping to keep events on track as emcee, Charlie appreciates being able to hang out with all of the great entertainers.

Don't miss this lively and entertaining evening showcasing Charlie and at least

twenty of the very best country music entertainers in the Ottawa Valley! Please note that this year the show will take place on Sunday, October 31, due to renovations at Centrepointe Theatre. Details are available at [www.ottawacountrymusic.org](http://www.ottawacountrymusic.org). Tickets are available on the Centrepointe Theatre's website: [www.centrepointetheatre.com](http://www.centrepointetheatre.com).



Charlie Kitts, owner of the Naismith Sports Pub in Almonte, is one of this year's inductees into the Ottawa Valley Country Music Hall of Fame

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# Lanark Goes To Ottawa

## LiPS to Compete at National Slam in October!

Six years ago this month, the Canadian Festival of Spoken Word began in Ottawa. In 2004, I had just moved from Vancouver to Ottawa and made a decision that would change the course of my life. That isn't an overstatement. I'm not using hyperbole. In

by Danielle Grégoire

the last six years, I have watched spoken word poetry take root in Ottawa and Lanark County. I have performed in schools, festivals, and even for the Governor General. This year, as the festival returns to the place it was born, Lanark County is posed to cement its reputation in the national spoken word community.

### Our Team

Five phenomenal women make up the Lanark County slam team. It will be the first all-female team in the history of the festival. The team also contains both the youngest and oldest members to ever compete at the national level. I was fortunate to see them perform at Arts Carleton Place's *Sounds of Downtown*, and was absolutely floored by their performance. This team has definite cohesion. Who are they?

**Inez Dekker:** The eldest and a powerful performer with a style all her own.

**Sarah Bingham:** A wonder woman of memorization. She has a voice that needs to be heard.

**Britt Faraday:** A sultry singer, and a poet with a sense of empathy and humour.

**Emily Kwissa:** Lanark County slam champion three years in a row and an incredible force of nature.

**Satinka Schilling:** The Lanark County alternate, and the youngest poet to attend the CFSW. Her poetry is deep and thought-provoking.

Please consider supporting them by attending the Canadian Festival of Spoken Word from October 12 to 16. If you can't make it to Ottawa then you can always come to our new, and wonderful, monthly evening of slam.

### The Lanark County Slam Season Begins

Starting Monday, October 4, the Lanark County Live Poets Society (LiPS) will be throwing a monthly slam in the same venue, the first Monday of each month, at CP Cinemas in Carleton Place. If you've been meaning to come out to perform or to watch, you now know exactly when and where to go.

The first slam of the 2010-11 season will begin with a feature by the Lanark County team. Come and see what a team piece looks like up close and

wish them good luck at the festival. The slam starts at 7PM. The cost is \$5, and is free for performers.

There will be two slams, in Perth and in Almonte, for those wishing to compete in those towns; dates to be determined. Also, this season LiPS has instituted a roving slammaster for any town in Lanark County who wishes to throw a slam of their own. If you live in a town without a slam series, and would like to have a slam plus a workshop to prepare for said slam, please email <lanarklips@hotmail.com>.

If you decide to go to only one day of the festival (though I encourage you to check out as many days as possible), please consider going to the Youth Showcase which will feature two of Almonte's very own R. Tait students, Alex Edwards (grade 8) and



The 2010 LiPS team consists of (l-r) alternate Satinka Schilling, Inez Dekker, Britt Faraday, Sarah Bingham, and Emily Kwissa. They will represent Lanark County at this year's Canadian Festival of Spoken Word in Ottawa from October 12 to 16.

Sarah Jane Milligan (Grade 6). They will be performing a few pieces on Wednesday, October 12, from 4 to 5:30PM, at the Cajun Attic, 349 Dalhousie. All daytime workshops, showcases and panel discussions are open to the public and free of charge. About a dozen students will be accompanying me to take part in a writing workshop, facilitated by Ian Keteku, slam champion of the world.

This brings me to some very important thank-yous. The September Poetry and Potluck show was an incredible success, and I want to thank each and every person who attended, performed or volunteered. The money raised went to both the Free the Children chapter that Sarah Reside has started in Almonte, and to LiPS for their festival expenses.

Check out <www.cfsw.ca> and maybe we'll see you at the festival. It's time to show the country what Lanark County can do.

We're thrilled that two new Humm readers have submitted poems for this issue. We will endeavour to print more as space allows.

### Autumn's Festive Array

Autumn leaves flutter down  
To rest lightly upon the ground,  
In hues of amber, mahogany and tan  
With festive array they carpet the land.

Rustling, crackling, joyous sounds they make  
Underfoot, as brisk autumn walks I take  
In the fresh, exhilarating Fall air,  
Rosy cheeks, tingling toes, wind in my hair.

Overhead the geese are calling good-bye  
As they wing their way south across the sky,  
When suddenly, whipped-up by a gust of wind  
The leaves swirl around, and dance, and spin.

I wrap my coat closer, tuck my hands inside  
And scurry back to my warm fireside,  
Leaves twirling and fluttering all around,  
As the cold, colourful day,  
Swiftly winds down.

© D.W. Oost

### I'll have a zen to go....

I'll have a zen to go...  
... because at times  
even a single catchphrase  
can be the difference between,  
saving a life or taking a life...  
everything we say, everything we do,  
it all matters.  
the love. the hate. the words. the looks. the touch.  
... let the wisdom you give to go, be a pro!  
the line they take with them  
and re-use.  
because,  
the power to bring it all down,  
exists,  
in a single word.  
and that's no challenge...

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111 Bridge Street, Carleton Place 613-257-7530 <a href="http://www.stjamesgate.ca">www.stjamesgate.ca</a>			



## Come to the 6<sup>th</sup> Annual Maskeraid Parade

The Carleton Place BIA would like to invite all ghosts and witches to meet “Downtown” on the Mississippi for the 6<sup>th</sup> Annual Maskeraid Halloween Parade.

This one-of-a-kind event is sure to be a BOOtiful night in Carleton Place. Dozens of ghoulish floats and costumed participants will be marching down Bridge Street on October 23. The parade will kick off at 7PM at Heritage Mall on Landsdowne Avenue and travel down the length of Bridge Street, ending at Mill Street by the Town Hall. Registration forms are now available for anyone who would like to take part in this spellbinding fall event.

Parents, kids, and all interested spectators are encouraged to come to downtown Carleton Place dressed up in a favorite Halloween costume to watch the Maskeraid Parade haunt on by. Eerie music, clowns, vampires and goblins will “float” down Bridge Street into the dark abyss.

### An Event for Everyone in Aid of the Food Bank

Residents, businesses and visitors are asked to parade for aid in this exclusive-to-Carleton Place event and bring non-perishable food items for the Lanark County Food Bank.

Members of the BIA, businesses and community groups of Carleton Place and the surrounding area can help make this fall event a ground-breaking success by submitting a well-decorated float that reflects the fall harvest theme or a Halloween theme.

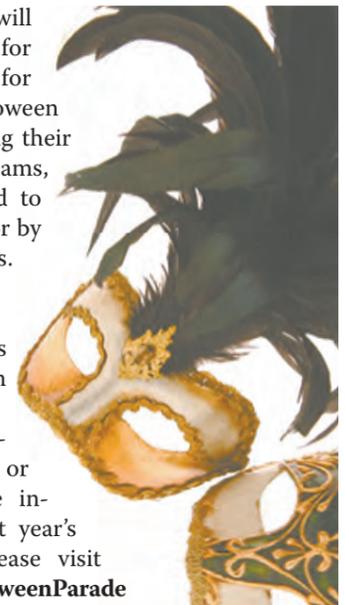
Brew some extra fun this Halloween through teamwork and build the freakiest float with your neighbourhood. Competition will be fierce this year and participants will be

bloodthirsty for the BIA's coveted awards. Plaques will be awarded for the Best Use of Halloween Theme and for Best Walking. The parade is the perfect opportunity for parents to give their kids a most spooktacular Halloween by hosting a day-long costume party and concluding their festivities at the Maskeraid Parade. Schools, sports teams, community and social groups are also encouraged to showcase their creative side with an elaborate float or by creating a Food Bank challenge between other groups.

### Register a Float Today

The BIA is proud to be the ghostess with the mostess and looks forward to meeting everyone downtown on the Mississippi for the rain-or-shine event.

For more information or to register a float, contact the BIA office by phoning 613-257-8049 or emailing [cmcordmond@carletonplace.ca](mailto:cmcordmond@carletonplace.ca). For more information on the event, to see pictures from last year's parade or to download a registration form, please visit [www.downtowncarletonplace.com/MaskeraidHalloweenParade](http://www.downtowncarletonplace.com/MaskeraidHalloweenParade)



## Sat., Oct. 23 from 7PM in Carleton Place

[www.downtowncarletonplace.com](http://www.downtowncarletonplace.com)

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## Join the Largest Santa Claus Parade in the Ottawa Valley!



Photo by Tracy Lamb, Mopani Communications

Ho Ho Hone your group's creative skills this Christmas season and register a festive float for the largest evening Santa Claus Parade in the Ottawa Valley. This year's parade is scheduled for Saturday November 27, and is presented by the Carleton Place BIA.

According to CFRA radio group, this event draws a crowd of 10,000 people to watch the train of spectacular floats, all of which will reflect this year's theme of "A Disney Christmas". The parade begins at 5PM at Carambeck School and travels up the town's main thoroughfare, Bridge Street. This event is also in support of the Lanark County Food Bank.

For more information or to register your float, please contact Cathie McOrmond at <cmcormond@carletonplace.ca> or 257-8049 or visit <www.downtowncarletonplace.com> for information on this and other BIA events.

## Mudds Murder Mystery



## Promises Intrigue and Comedy

*Prints of Darkness*, the newest in a line of very popular Mudds Murder Mystery Dinner Theatre packages, is set for October 30 and 31.

It is the night when the award for Photographer of the Year is announced. Personalities clash; greed, need and envy abound; alliances are formed; the underworld makes an appearance. Is there blackmail? Why does Simone the hostess slap Ivan the Ukrainian? Why does Angelique take a knife to husband Ted? All will be revealed after someone dies horribly! This promises to be a comedic treat to brighten your Halloween weekend.

The venue this time is Tijuana Tilly's on Highway 7 in Carleton Place. Manager Jim is offering

top-of-the-line menu choices such as poached tilapia with a grilled pineapple salsa, a 10 oz. strip loin finished with brandy peppercorn sauce, or a stuffed chicken with chorizo sausage topped with white wine cream sauce. All the dishes will be served with roasted potatoes and mixed vegetables. There will also be a vegetarian choice.

Tickets are priced at \$50 and include a full meal, as well as all taxes and gratuities. To purchase your ticket, visit Tijuana Tilly's or call them at 257-1700. Don't forget to let them know your meal choice when you buy your ticket. Tickets will go on sale October 1. For more information on all Mudds shows, visit <mississippimudds.ca>.

## WHAT'S COMING UP DOWNTOWN

- Oct. 2 Farmers Market **Harvest Festival** in downtown Carleton Place
- Minor Hockey **Kick-off Dance** at the Carleton Place arena
- Parade** (12:40PM) and **cenotaph re-dedication** (1PM) in Memorial Park on Beckwith Street
- Lanark County **Hayride Barn Dance** at Zion Memorial Church on Franklin Street (5-10PM)
- Oct. 13 Chamber of Commerce **All Candidates Night** at the Carleton Place arena (6PM)
- Oct. 23 **BIA Maskeraid Halloween Parade** in support of the Lanark County Food Bank
- Oct. 24 **Country Harvest Music Show** at the Carleton Place Arena
- Oct. 25 **Municipal Election Day** (www.carletonplace.ca)
- Oct. 30 **Masquerade Gala** in the Town Hall hosted by the Rotary Club
- Nov. 20 Carleton Place Girl Guides **Holiday Bazaar** at Community Centre (9AM-3PM)
- Nov. 27 BIA Annual **Santa Claus Parade: "A Disney Christmas"**

For more information contact:

[www.downtowncarletonplace.com](http://www.downtowncarletonplace.com)

cmcormond@carletonplace.ca or 613-257-8049



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[www.downtowncarletonplace.com](http://www.downtowncarletonplace.com)



## Come See How Much Talent Almonte's Got!

The Valley Players would like to thank the many talented folks who came out to audition last month. Fifteen acts have been selected to move on to the *Almonte's Got Talent* show, to be held at Almonte and District High School on Saturday, October 16 at 7PM. The following judges will select five finalists from the fifteen acts: Noreen Young (famous puppeteer), Katherine Briggs of Mississippi Mills Musicworks, Stan Clark (renowned band-leader and musician), Chris O'Brien (entrepreneur and municipal candidate), and Jennifer Laale (drama educator). You, the audience, will then select the final winner by ballot.

In lieu of an entrance fee, we will ask for a donation to the Almonte General Hospital.

Our fifteen acts are: Atomic Mass (Alex Gawn, Gabe Rudyk, Conrad Koster, Kasey Costello, Meiling Dagg, Jason Koster), Strobes (Rick Vaughn, Jamie Speck, Jordan Fee, Dylan Hillier), Emma Labelle, Danny Albert, A.J. Shewchuck, Andrew Jahn, Lisa Phinney, Jordan McIntosh, Hana Pringle, Michele Frenette, Jesse Bilodeau, Emilie Scott, Jessica Hogan/Miles Hanks, Amanda Roi & Claire Hunter, and Ali Paul & Madison Barr.

We would like to thank our sponsors, without whose help we would not be able to put on the show: Almonte Legion, Villeneuve Fine Woodworking, Thumbs Up Video, GMJ&CO, Moes Toes, Mississippi Mills Musicworks, Silver Desire, Ryno Motors, Foodies, Gal Power, Joy of Beauty, Tim Hortons, Patrice's Independent Grocer, and Carmelized.

— Peter Meyer

## Folkus's Mixed Platter of Musical Treats

Almonte's Folkus Concert Series is celebrating its tenth year, and organizers are proud to mark this milestone by matching the fabulous acoustics of the Almonte Old Town Hall with an exciting line-up for the 2010-2011 concert series.

Kicking off its four-concert series on Saturday, November 27, Folkus presents **Jim Bryson**, a treasured singer-songwriter and musician from Canada's "small town" capital city of Ottawa. His songs are a cultivated mix of hope and doubt, longing and uncertainty, and are flush with endearing tales culled from the town he calls home. They have been described as "folk songs played with rock instruments" and "rock songs played with folk instruments", while in truth they almost consistently lilt and sway between the two.

On Saturday, January 15, 2011, Folkus presents a double-bill featuring **Selina Martin** and the **Bidiniband**. Selina Martin is a Toronto-based art rock siren with an unforgettable voice, a striking ear for melody, and a gigantic stage presence. Her music is as original as it is catchy, and as playful as it is powerful. Even though some of the subject matter might be dark, there's a deftness and dexterity in her approach that gives one the distinct feeling that she's never taking herself too seriously.

The Bidiniband is headed by Dave Bidini — an indie rocker, author, raconteur, agent provocateur, and a founding member of the acclaimed band The Rheostatics. Following in the Rheostatics tradition, Bidini and the rest of his band write music about Canada. Their music charts new waters; it features classic Canadian rock character-



istics with driven acoustic guitar and an edge. It is very progressive for the genre and both a great tribute to the Canadian mindset and an amazing showcase of the Bidiniband's talent.

On Saturday, February 26, 2011, "Canada's ambassadors of musical diversity" and 2010 JUNO Award nominees **Sultans of String** promise to warm up a midwinter's eve. With their global sonic tapestry of Spanish Flamenco, Arabic folk, Cuban rhythms, and French Manouche Gypsy-jazz, they certainly celebrate musical fusion and human creativity with warmth and virtuosity. Fiery violin dances with rumba-flamenco guitar, while a funk bass lays down unstoppable grooves. Acoustic strings meet with electronic wizardry, bringing every audience to their feet.

The 2010-2011 series concludes with... ah, well, you will have to stay tuned for that. Folkus is currently in talks with two different yet equally alluring acts, and will let you know when all is signed and sealed.

A season's pass for the four-concert series is a real deal at \$80. Individual tickets are \$23 in advance or \$27 at the door. Student tickets are \$12. Tickets will be available mid-October. For ticket orders and information, call or visit Mill Street Books in Almonte, 256-9090 or visit <www.folkusalmonte.ca>.

While you are waiting patiently for the Folkus season to start, and considering all of the great music you will hear and the new CDs you will undoubtedly add to your collection, why not make a little room on your shelves? Folkus welcomes any and all donations to their used CD table.



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**... and Toronto's Selina Martin plays a double-bill in January, along with The Bidiniband!**

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# Reds, Oranges, Yellows and... Blues?

Here we go again. The nights are getting cooler, the skies clearer and the air seems to be just a tad fresher. Autumn, one of my top four seasons, is upon us with leaves changing from summer's green to autumn's reds, oranges and yellows. Of course autumn also brings with it... blues, or specifically, the sixth season of **Blues on the Rideau**. So to break it down, Blues on the Rideau is a monthly

by Steve Scanlon

blues dinner and show event that takes place at The Cove Country Inn and Spa in Westport. A portion of the proceeds from each show is generously donated by The Cove Inn to support local charities.

Toronto's award-winning Shakura S'aida Band kicks off this season on October 22 for one show, with proceeds going to the Lucy Drysdale Memorial Scholarship Fund. Originally from Brooklyn NY, S'Aida now calls Toronto home. By all accounts, she has a flair for the dramatic and a voice that's dynamic, with musical influences that include Salome Bey and the great Etta James.

November 19 sees the return of Toronto's David Rotundo Band. David has won the Maple Blues Harmonica Player of the Year award, among many other musical accolades throughout his career. David is best known for his live performances and really, you don't want to miss him. I should warn you that tickets for these events sell quickly,

so book early (there is always the possibility of additional nights being added if demand is high — but you didn't hear that from me). Speaking of additional nights, the Jack De Keyzer Band kicks us into 2011 on January 21 and 22, with proceeds from his show going to support (my personal favourite) Rideau Vista and St. Edwards Elementary Schools. Jack De Keyzer and the band won the 2010 Juno for Blues Album of the Year (his second Juno), for *The Corktown Sessions*, and is a seven-time Maple Blues Award winner.

Clio and the Blues Highway drive away the February blahs on February 18, with proceeds going to The Rideau Waterway Land Trust (and really, if you can't trust the land, what can you trust?). Based in Quebec City, Clio-Valeris Nerestant is wowing audiences throughout Canada with her live performances and her first album, *My First Blues*.

Monkey Junk. I really just want to leave that as a statement, but I should probably explain that Monkey Junk is an Ottawa-based blues band that, just this year, won five awards at the Maple Blues Awards, including Entertainer of the Year and Electric Act of the Year. They'll be playing The Cove on March 18 and 19, with proceeds going to The Friends of Foley Mountain.

April 15 brings singer-songwriter Paul Reddick to town with his band. Paul has been named Songwriter of the Year at the fifth Annual Maple Blues Awards, and his music has been featured in a variety of television shows and movies. Westport in Bloom benefits from this show.

have her in my music collection. Proceeds from this show will go to The Rideau District Museum.

Closing out this season of Blues on the Rideau is Raoul and the Big Time. This is definitely a "last but not least" show. Raoul and The Big Time, one of

Canada's most highly regarded blues acts, formed in 1998. Their sound has been called a mix of Toronto, Chicago, and Hollywood blues. This sound has generated a number of awards for the band, including the Maple Blues Award for Best New Artist and Best Début CD. Proceeds from this show will go towards helping the folks at Habitat for Humanity.

So — music, dinner and a chance to visit the lovely town of Westport — how can you resist? You can also spend the night and, if you are feeling the effects of the night before or you simply want to start the evening feeling as relaxed as possible, check out the Sundari Spa <[www.sundaridayspa.com](http://www.sundaridayspa.com)>

for all those good relaxing things that life should be about...

Toronto is sending us another talent on May 20 in the form of the soulful singer/songwriting talents of Treasa Levasseur. The Treasa Levasseur Band's aptly named album *Low Fidelity* was a 2010 Juno nominee for Best Blues Album of the Year. Bluesy soul, rhythm jazz — that's where I

For more information on the schedule and performers, you can visit the Choose the Blues Productions' website <[www.choosetheblues.ca](http://www.choosetheblues.ca)> or the Cove Country Inn's at <[www.coveinn.com](http://www.coveinn.com)>.

Shakura S'aida kicks off this season's Blues on the Rideau line-up at The Cove in Westport



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# Fall Fare at the Falls

What an amazing summer we've had. As we reminisce about those warm evenings spent in the park, grooving to the sounds of our favourite festival entertainers, our thoughts turn, slowly, to the festivities of fall.

Here in Smiths Falls, we get started early with our traditional "Spirited

at 283-8560 (to reserve a spot or, for more information, visit <[www.smithsfalls.ca/heritagehouse](http://www.smithsfalls.ca/heritagehouse)>.

On Saturday, October 9, **Spotlight on the Rideau** is having a Photography Show featuring the works of Kevin Mallory, Dave Pringle and up and coming young photographer Megan Dixon. The show is open to the public from 9AM until 6PM, with an opportunity to meet the artists from noon until 4PM.

And, since October may be your last chance to spend some time on the water, you're invited to sign up for one of these special canal excursions. Autumn on the Rideau is an opportunity to relive the bygone era of genteel river cruising on a memorable excursion amidst the ever-changing landscapes of the Rideau Lakes and Canada's newest UNESCO

World Heritage Site, the Rideau Canal. This October 4<sup>th</sup> cruise takes you from Smiths Falls to Jones Falls, through some of the most spectacular autumn scenery in Eastern Ontario.

On October 16, the Rideau Roundtable and the Rideau Canal Museum are coordinating the final outing of the season in the **Voyageur Canoe Tours** series. The half-day program starts at 10AM in the museum auditorium with an overview presentation of the Rideau Canal. This is followed by a voyageur canoe tour through the Detached Lock into the Swale, a provincially significant wetland. Afterwards, lunch will be served in a private dining room, followed by a discussion/question and answer period with our guest interpreter, the well-known Smiths Falls naturalist/photographer Simon Lunn. For more information you can reach Stew Hamill, Tour Coordinator at <[shamill@ripnet.com](mailto:shamill@ripnet.com)> or 269-3415. For reservations (\$65 a person) call 284-8338.

As you know, before too long, we will have to face the cold, hard fact that water eventually freezes over around here. No worries! We just call it ice and have fun with it. Case in point: the Smiths Falls 2010 **Kidz and Kopz** Police Hockey Tournament. The Copperheads (our own Smiths Falls Police hockey team) will be hosting their annual charity tournament event from October 19 to 21 in our brand new, state-of-the-art arena.

The tourney opens on the 19<sup>th</sup> at 7:30PM, with a fun game against the local high school kids. The tournament proper runs on October 20 and 21, when sixteen teams of police and firefighters from all over Ontario will vie for top honours. All funds raised will go to support the Big Brothers for Kopz and Kidz day, the



Shiny & new... the brand new arena in Smiths Falls will be ready just in time for the Kidz and Kopz Hockey Tournament!

Smiths Falls Arena Fund and the Wounded Warriors Fund.

Last year, the Kopz took twenty Kidz to a Senators game, including dinner, and Healy Transportation donated a bus for the trip to and from the game. The remaining \$1,000 was donated to the Wounded Warriors Fund.

To support this worthwhile cause, two Smiths Falls hotels, the Comfort Inn and the Best Western Colonel By Inn, are providing accommodations at special rates for tournament participants. For more information see <[www.copperheads.netai.net](http://www.copperheads.netai.net)>.

This is also the season when family and friends gather around the dinner table to celebrate and give thanks. So, to help you prepare for that perfect dinner party or just to get you in the mood, the **Rideau Canal Museum** offers a very special wine-tasting event on Saturday, October 23.

With the help of Terry Bishop, this region's Colio Estate representative, guests will have the opportunity to taste a variety of table, sparkling, late harvest and ice wines, while enjoying special food pairings and live musical entertainment! Colio Estate wines have won over 400 medals in international competitions, so you

know you're in for a treat. Tickets are \$30 per person and are available in advance. This is a fundraising event in support of the Rideau Canal Museum, and it takes place there from 7PM to 10PM. For more information or to reserve tickets visit <[www.rideau-info.com/museum](http://www.rideau-info.com/museum)> or call 284-0505.

And, on a final note, since we cannot exorcise all our ghosts by October 31, let me introduce the next theatrical performance planned for the Station Theatre. *Ghost Train*, a play by Arnold Ridley, will be performed by the **Smiths Falls Community Theatre** on November 4 to 6 and 11 to 13, at 8PM, and on November 7 at 2PM.

*Ghost Train* is about a party of passengers who find themselves stranded in the waiting room of an isolated station. The station master tries to get them to leave, citing the local legend of a ghost train that dooms all who see it to death. WOOOHOO!!! For information please contact Lynda Daniluk at 283-9138.

Take care and see you at the Falls.

— Joffre Ducharme is a local photographer and writer. Reach him at <[cjoffrecare@yahoo.ca](mailto:cjoffrecare@yahoo.ca)>.

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# Why You Should Vote

This is not the big lecture on exercising your democratic right. This is about being privileged to have your say in a way that is going to impact your very existence for the next four years. When was the last time anyone gave you such a responsibility? Not when you were a child, when choices were

rolling through the press the day after the election. And how discouraging it must be to know you knocked on hundreds of doors, and only a fraction of the population took the election seriously enough to vote.

This is why you have to vote and why random marking of your ballot is not acceptable. It is imperative that you listen to what is going on in government at all levels, but especially close to home. This is where your opinion counts the most. You will live with the decisions of your local council every day, and you owe it to those intrepid candidates who are working so hard right now to give you some choice in how your future will unfold. They deserve your attention, and you need to listen with due diligence to their platforms.

It is important that, for this municipal election, you do some serious thinking about who you want to represent you when the big decisions of council will be made. Do you want the same person who has been your representative for years? Do you want some new faces around the council table? Have you actually listened to what every candidate is telling you? Have you asked them their opinions on issues that matter to you? (And I'm not talking taxes here.) What about business development? What about town growth? I'm sure you have questions of your own. Don't assume your councillor will act on your behalf if you don't let her know what you want!

Many of us would never miss the opportunity to vote. We make it an occasion involving marking the ballot, going for coffee after, and listening to the results. Never has it been easier to cast your vote, which you can do from the comfort of your own home, for goodness sake. However, I wonder if making it this easy causes many to overlook the import entirely.

If you are a first-time voter, it is especially important that you make your decision carefully. After all, four years from now you

will be a full-fledged adult paying those almighty taxes and fussing over hydro bills. You will not have a leg to stand on when you go to complain if you haven't taken the time to connect with your councillor beforehand.

Talk to your friends, talk to your councillors, read the paper, pick up the brochures, and by all means attend the all-candidates meetings to really understand the serious nature of this election business. Bear in mind, you can't complain if you don't take part. Every vote not cast is one more apathetic citizen who doesn't give a rip about his community. Is that what you want to be? I really doubt it. Don't be thinking your representative on council is going to help you if he has never seen you, if you've never given him the benefit of a little conversation or respect.

Our councillors and mayor are taking on a responsibility that few of us are prepared to shoulder. They are indeed the backbone of our town, and when they are prepared to represent the lot of us, we should at least be prepared to do the right thing, show them our support and VOTE. It takes us a mere moment to mark the ballot — it takes them years of commitment that most would consider too great a challenge.

Councillors need our support, both those who win and those who lose. They never would have agreed to run if they did not believe they had something of value to offer. We need to revere the very idea of public office, as there is no higher calling for anyone than to offer to serve others.

I sincerely hope that you will not ignore this election; every single individual has value and the right to have his or her opinion recorded. It is imperative that you take the time and effort to mark your ballot. The future of your community depends on your "X".

by Glenda Jones

parent-influenced; not when you were a teenager and your peers egged you into cooperating; not when your boss gave you the take-it-or-leave option. Not even when your wife gave you a "choice", and you were wise enough to choose her way.

This is the one time you get to make up your own mind, mark your own "X", and not even have to divulge what choice you marked. Wow, isn't that power to burn?

Anyone who agrees to run for public office is a brave soul. Candidates have so much to consider before they throw their hats into the ring. They have to be dedicated to listening, not for one meeting but for four years of meetings. They have to put their private lives on hold while they are bombarded by anyone who has ever had a tax problem, a snowplow rip up his boulevard, or a neighbour's dog run loose. No amount of patience is enough when a councillor is accosted at every function he attends. He will eat more chicken dinners, attend more committees, shake more hands, smile 'til his face freezes, all in an effort to keep those who voted for him happy.

Not only that — candidates have to put their egos on hold while their constituents question them relentlessly. Every thought has to be mentally checked before being uttered. How hard it must be to work diligently for months leading up to an election, only to watch the counts come in, and find that your campaign fell short. The old adage, "don't take it personally" doesn't hold water when you see unfavourable numbers

# Humm Bits

## Doo in the Derry

The sixth annual Doo in the Derry (a classic-country, traditional Valley music concert) will take place on Sunday, October 3, at the Prospect United Church, 141 Richmond Road, from 2 to 4PM. Admission to the concert is by donation.

Once a year, this old abandoned church opens its doors for this special event that also serves as a fundraiser for the upkeep of the 160-year-old building. This is a completely acoustic performance, as there is no hydro service in the building, just as it would have been in days gone by. This year's Doo is hosted by Ottawa Valley troubadour Lyle Dillabough (who missed last year's show due to illness) and the Ottawa Valley Review: Bernie Costello on keyboards, Tom Gardiner on stand-up bass and vocals, and Lloyd Brunton on fiddle. Among the special guests will be Valley darling Darlene Thibault and, just back from Nashville, Arlene Quinn.

For details, call the Beckwith Township Office at 257-1539.

## Acacia Lyra Concert

Acacia Lyra, a harp and voice duo, will be in concert on Saturday, October 23, at 7:30PM, at St. Andrews Presbyterian Church, 37 Bridge Street in Carleton Place. It promises to be a special musical treat.

Acacia Lyra is not simply your average harp/voice duo. Their program is a colourful journey through traditional and contemporary music. Janine Dudding and Susan Sweeney Hermon sing in English, French, Spanish and Gaelic, accompanying themselves on Celtic harps and guitars. Since it began a few years ago, this duo has kept busy, recording and performing in festivals and concerts around Ontario and Quebec. While they are Ottawa-based, Janine has ties to the Lanark County area, having lived and worked in Carleton Place and Perth in the 80s.

The concert is sponsored by the Social Concerns Committee of Carleton Place area churches and the Merrickville District Community Health and Service Centre. All donations (by collection during the concert) will be used for emergency dental care for low income working persons living in Lanark, Leeds and Grenville counties.

For more information, call the Smiths Falls Community Health Centre at 283-1952 ext. 128.

## Lake Links Workshop

Since 2002, the Lake Links Workshop has been an annual opportunity for representatives of lake associations and other volunteer stewardship groups in Eastern Ontario to come together with government and non-government agencies to listen to speakers, share information, and address common lake and river issues. The workshop has fostered excellent partnerships, communication and collaboration between regional organizations.

The goal of the event is to provide lake groups with the chance to learn more about each other — sharing information about the projects, successes and challenges that they have faced — and to celebrate the efforts in protecting our lakes and rivers.

New this year is the opportunity to participate in a survey that will build the direction and shape the discussion at Lake Links 2010. Please visit <www.surveymonkey.com/s/lakelinks> before Friday, October 15, to make your voice heard.

The workshop will be held at the Perth Civitan Hall, Hwy 43 in Perth, on Saturday, October 30, from 8:30AM to 3PM. The cost is \$12 per person; refreshments and light lunch provided. Register at 272-5136 or <info@watersheds.ca> and be sure to include your name, organization and contact information.



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*Ghost Train*, Smiths Falls, Nov 4-7, 11-13  
*Sweeney Todd*, Perth, Nov 4-7, 11-13  
 MVTM Murder Mystery, Almonte, Nov 5-6  
**Christmas in the Valley Artisan Show**, Almonte, Nov 5-6  
**Handmade Harvest Holiday Craft Show**, Almonte, Nov 6  
**Stittsville Studio Tour**, Nov 6-7  
**Almonte in Concert**, Nov 13  
**Artists' Lecture Series**, Perth, Nov 14  
**Film Night International**, Smiths Falls, Nov 18  
**The Arden Chamber Players**, CP, Nov 21  
*Mr. Fezziwig's Victorian Christmas*, Almonte, Nov 27  
**Jully Black**, Perth, Nov 27  
**Red Trillium Studio Tour**, West Carleton, Nov 27-28  
**Ottawa Youth Orchestra**, Almonte, Nov 28  
**Capital City Chorus**, Smiths Falls, Nov 28  
**The Stairwell Carollers**, CP, Dec 3  
*Nunsense: the Mega Musical*, Carleton Place, Dec 3-5, 9-11  
**Light Up the Night**, Almonte, Dec 3  
**Christmas House Tour**, Perth, Dec 4-5  
**Victorian Christmas Tea**, Smiths Falls, Dec 5  
**Kintail Country Christmas**, Almonte, Dec 11  
**Almonte in Concert**, Dec 11  
**Christmas Concert**, CP, Dec 12 & 14

## Visual Arts

**Calabogie Artfest**, Oct. 2 & 3, 10am-4pm. Original art, tea room. Calabogie Community Centre, 574 Mill St. Free  
**Festival of the Senses**, Oct 2 & 3. Art, Reiki, gardens, food, open houses. www.calabogie.org. Calabogie & Burnstown  
**Merrickville Artists' Guild Studio Tour**, Oct. 2 & 3, 10am-6pm. Mill St., Merrickville. www.merrickvilleartists.com/studiotour  
**Creative Spark Artists' Lecture Series**, Oct. 3, 2pm, Ellen Good, weaver. Oct. 17, 2pm, Bill Reddick, porcelain artist/potter. Oct. 31, 2pm, Jerry Grey, painter/portraitist/muralist. McMartin House, 125 Gore St. E., Perth. easternontarioartists.ca. \$5  
**Vernissage**, Fri., Oct. 8, 7-9pm. Nicole Lalonde. Brush Strokes, 129 Bridge St., Carleton Place. www.brushstrokesart.ca.  
**Crown & Pumpkin Studio Tour**, Oct. 9-11, 10am-5pm. Almonte & Clayton. www.crownandpumpkin.com.  
**Expressions of Art**, Oct. 9 (8-4) & 10 (10-4). West Carleton Arts Society's fall art show and sale. Carp Farmers' Market. www.west-carletonartsociety.ca.  
**Fall Colours Studio Tour**, Oct. 9-11, 10am-5pm. Westport area. www.artatwork.ca/westport\_studiotours  
**Perth Autumn Studio Tour**, Oct. 9-11, 10am-5pm. Perth area. Free. 267-5237, www.perthstudiotour.com  
**Photography Show**, Oct. 9, 9am-6pm, Kevin Mallory, Dave Pringle & Megan Dixon. Meet the artists 12-4pm, Spotlight on the Rideau, 21 Chambers St. Smiths Falls.  
**Pints 'n Purls**, Oct. 13 & 27, 6-9pm, Knitting group. Old Mill Pub, 113 Old Mill Rd, Ashton. 257-2296.  
**Aboriginal Designer Fashion Show/Gala**, Oct. 15, Mississippi Valley Textile Museum, 3 Rosamond St. E., Almonte. www.mvtm.ca.  
**Vernissage**, Oct. 15, 6-9pm, *Down the Rabbit Hole & Other Works* by Angèle Desjardins. Runs to Nov 14 at Philip K. Wood Gallery, 7 Mill St., Almonte.

# WHAT'S ON IN

Monday Tuesday Wednesday Thursday

Baker Bob's Gallery (Almonte) presents 204/613 new mixed media works by Rick Herrera  
 fieldwork presents land art exploration <fieldworkblogs.com>  
 Gallery on Main (Westport) present *Painting Outside the Lines* by Linda Kemp <www.galleryonmain.ca>  
 Gallery Perth presents *Believing in Art* with local artists <www.galleryperth.com>  
 Heritage House Museum (Smiths Falls) presents *Hats Off to You* <smithsfalls.ca/heritagehouse>  
 Philip K. Wood Gallery (Almonte) presents *Down the Rabbit Hole & Other Works* by Angèle Desjardins  
 The Almonte Library Corridor Gallery presents Donna Sproule, rug hooking  
 The Mississippi Mills Chamber Gallery (Almonte) presents architectural illustrations & models by Peter Mansfield  
 Fairview Manor Hall (Almonte) presents works by Elizabeth Veninga  
 Bittersweet Gallery (Burnstown) presents Richard Gill, Oct 1-11 <www.burnstown.ca>  
 Brushstrokes (Carleton Place) presents Nicole Lalonde <www.brushstrokes.ca>

<p>4</p> <p>Open Stage, Harry McLean's Pub Poetry Slam, Carleton Place</p>	<p>5</p> <p>Green Drinks, Perth In Transition 1.0, Perth</p>	<p>6</p> <p>CP Celtic Jam, Ballygiblin's</p>	<p>7</p> <p>Jazz w/Spencer Evans Trio, The Cove Open Celtic Jam, Naismith Pub Terry Tufts, The Barley Mow</p>
<p>11</p> <p>Crown &amp; Pumpkin Studio Tour, Almonte &amp; Clayton Fall Colours Studio Tour, Westport Perth Autumn Studio Tour, Perth</p>	<p>12</p> <p>White Sheep of the Family, Constance Bay Women's Business Group, Carleton Place</p>	<p>13</p> <p>Books and Beer, Almonte CP All Candidates Night, CP Arena CP Celtic Jam, Ballygiblin's Pints 'n Purls, Ashton White Sheep of the Family, Constance Bay</p>	<p>14</p> <p>An Evening of One-Act Plays, Perth Auditions, Perth Bruce Peninsula, Neat Coffee Shop, Craig Cardiff and Friends in Concert, Arnprior Mao's Last Dancer, Smiths Falls Open Celtic Jam, Naismith Pub Terry Tufts, The Barley Mow White Sheep of the Family, Constance Bay</p>
<p>18</p> <p>Almonte Quilters' Guild, Almonte Mayan Code Study Group, Appleton</p>	<p>19</p> <p>Cold War Cinema, Carp</p>	<p>20</p> <p>CP Celtic Jam, Ballygiblin's</p>	<p>21</p> <p>Jazz w/Peter Brown &amp; Lucas Hanneman, St. James Gate Open Celtic Jam, Naismith Pub London Quartet, Perth Talking Turkey-It's Wild, Almonte Terry Tufts, The Barley Mow</p>
<p>25</p> <p>Municipal Election Day, Regional</p>	<p>26</p> <p>Lanark County Knitting Guild, Almonte</p>	<p>27</p> <p>Arnprior &amp; District Quilters' Guild, Arnprior CP Celtic Jam, Ballygiblin's Pints 'n Purls, Old Mill Pub</p>	<p>28</p> <p>I Am Love, Smiths Falls Open Celtic Jam, Naismith Pub Trudeau Stories, Perth Terry Tufts, The Barley Mow</p>

**Almonte Quilters' Guild**, Oct. 18, 7-9pm, How to make a Christmas ball. Almonte Civitan Hall, 500 Almonte St.  
**Lanark County Knitting Guild**, Oct. 26, 7-9pm, All welcome. Almonte United Church, 16 Elgin St. Guests \$3.  
**An Evening of One-Act Plays**, Oct. 14-16, 8pm; Oct. 17, 2pm. *My Narrator & The Last Act is a Solo*. Studio Theatre, 63 Gore Street East, Perth. www.studiotheatreperth.com. \$18 in adv Bookworm or Book Nook; \$20 at door  
**Auditions**, Oct. 14 & 16. For *Open House*, a contemporary opera. Call for times and details. Myriad Centre for the Arts, 1 Sherbrooke St., Perth. 267-1884.  
 Film Night International presents **Mao's Last Dancer**, Oct. 14, 7pm. **I Am Love**, Oct. 28, 7pm. \$10 at door. 267-1224. Premier Cinemas, Smiths Falls.  
**Cold War Cinema**, Oct. 19, 6pm museum tour; 7pm *Mad Max 2: The Road Warrior*. Reserve at 839-0007, www.diefenbunker.ca. Movie \$8, movie & tour \$15.  
**Trudeau Stories**, Oct. 28, 8pm. One-woman show about a surprising friendship. PDCI, 13 Victoria St., Perth. www.perthpac.org.  
**Prints of Darkness**, Oct. 30 & 31, 6:30pm, Mississippi Muds Murder Mystery Dinner Theatre. \$50 at Tijuana Tilly's (257-1700), 1470A Hwy 7, Carleton Place. mississippimuds.ca.  
**Craig Cardiff and Friends in Concert**, Oct. 14. Pre-OCFF gathering of Canadian musicians. hollowtreetyoga.com. Arnprior  
**MAVfest: Musicians Against Vandalism**, Oct. 15, 7:30pm. With Ken Workman & The Union, Terry Tufts. Tickets at 256-7529. Almonte Old Town Hall  
**Almonte's Got Talent**, Oct. 16, 7pm. With 15 finalists. ADHS, 126 Martin St., Almonte. Donation to Alm. Gen. Hosp.  
**London Quartet**, Oct. 21, 8pm. PDCI, 13 Victoria St., Perth. www.perthpac.org.  
**Cantabile - The London Quartet**, Oct. 22, 8pm. Tickets at Mill St Books (256-9090). Almonte Old Town Hall, www.almonteinconcert.ca.  
**Blues on the Rideau**, Oct. 22, 7pm. Buffet & Blues with Shakura S'aida Band. The Cove, 2 Bedford St., Westport. www.choosetheblues.ca. \$55+tx buffet & show.

## Theatre

**Grievous Angel: The Legend of Gram Parsons**, Oct. 2, 8pm. \$25, from The Cove (273-3636), Murphy's Barber Shop (273-2145). Rideau Vista School, Westport.  
**In Transition 1.0: From oil dependence to local resilience**, Oct. 5, 7pm. Hosted by Transition Perth. Algonquin College, 7 Craig St., Perth. transitionperth.ca.  
**White Sheep of the Family**, Oct. 12-16, 8pm; Oct. 16, 2pm. Reserve at 832-1070 & pick up at door. Constance Bay Community Centre, www.ruralroot.org.

## Literature

**Poetry Slam**, Oct. 4, 7pm, LIPS monthly slam. Come to watch or perform. CP Cinemas, 17 Albert St. \$5; free for performers.  
**Books and Beer**, Oct. 13, 7pm, Meet Roy MacSkimming author of *Laurier in Love*. The Barley Mow, Almonte.

## Music

**Doo in the Derry**, Oct. 3, 2pm. With Lyle Dillabough & the Ottawa Valley Review. Prospect United Church, Prospect. 257-1539. By donation

# OCTOBER 2010

## Friday

## Saturday

## Sunday

<p>1</p> <p>♫ <b>Mario Franco &amp; Son</b>, The Cove          ♫ <b>Open Stage w/Billy Armstrong</b>, The Downstairs Pub</p>	<p>☑ <b>Calabogie Artfest</b>, Calabogie          ♫ <b>Farmers Market Harvest Festival</b>, CP          ☑ <b>Festival of the Senses</b>, Calabogie &amp; Burnstown          ♫ <b>Forty Creek</b>, The Downstairs Pub          ♫ <b>Grievous Angel: The Legend of Gram Parsons</b>, Westport          ♫ <b>Julian Fauth</b>, Neat Coffee Shop          ♫ <b>Lanark County Hayride Barn Dance</b>, CP          ☑ <b>Merrickville Artists' Guild Studio Tour</b>          ♫ <b>Scarlet Maple Tour</b>, Lanark Highlands          ♫ <b>Solar &amp; Straw Bale Homes Open House</b>, Killaloe          ♫ <b>Spirited Evening Cemetery Tour</b>, Smiths Falls          ♫ <b>Taking Steps Against Breast Cancer</b>, Perth          ♫ <b>The Diplomats</b>, St. James Gate</p>	<p>♫ <b>APEX Jazz Band</b>, The Royal Oak          ☑ <b>Calabogie Artfest</b>, Calabogie          ☑ <b>Creative Spark Artists' Lecture Series</b>, Perth          ♫ <b>Dedication of Windows</b>, Cedar Hill          ♫ <b>Doo in the Derry</b>, Prospect          ♫ <b>Festival of the Senses</b>, Calabogie &amp; Burnstown          ♫ <b>Guided Nature Walk</b>, nr Flower Station          ♫ <b>Live Jazz</b>, Fiddleheads          ☑ <b>Merrickville Artists' Guild Studio Tour</b>          ♫ <b>Scarlet Maple Tour</b>, Lanark Highlands          ♫ <b>Solar &amp; Straw Bale Homes Open House</b>, nr Killaloe          ♫ <b>Valley Singles Lunch</b>, The Barley Mow</p>
<p>8</p> <p>♫ <b>Mario Franco &amp; Son</b>, The Cove          ♫ <b>Open Stage w/Crimson</b>, The Downstairs Pub          ☑ <b>Vernissage</b>, Carleton Place</p>	<p>♫ <b>Brea Lawrenson</b>, St. James Gate          ☑ <b>Crown &amp; Pumpkin Studio Tour</b>, Almonte &amp; Clayton          ☑ <b>Expressions of Art</b>, Carp          ☑ <b>Fall Colours Studio Tour</b>, Westport          ♫ <b>Ian Tambllyn</b>, Neat Coffee Shop          ♫ <b>Jazz at the Swan</b>, The Swan at Carp          ♫ <b>Karaoke</b>, The Downstairs Pub          ♫ <b>On Common Ground</b>, Harry McLean's Pub          ☑ <b>Perth Autumn Studio Tour</b>, Perth          ☑ <b>Photography Show</b>, Smiths Falls          ♫ <b>Saturday Soirees w/Terry Cowan</b>, The Cove</p>	<p>☑ <b>Crown &amp; Pumpkin Studio Tour</b>, Almonte &amp; Clayton,          ☑ <b>Expressions of Art</b>, Carp          ☑ <b>Fall Colours Studio Tour</b>, Westport,          ♫ <b>Magnolia Rhythm Kings</b>, The Royal Oak,          ☑ <b>Perth Autumn Studio Tour</b>, Perth</p>
<p>15</p> <p>☑ <b>Aboriginal Designer Fashion Show</b>, Almonte          ♫ <b>An Evening of One-Act Plays</b>, Perth          ♫ <b>Jason Collett</b>, Neat Coffee Shop          ♫ <b>Mario Franco &amp; Son</b>, The Cove          ♫ <b>MAVfest: Musicians Against Vandalism</b>, Almonte          ♫ <b>Open Stage w/Billy Armstrong</b>, The Downstairs Pub          ☑ <b>Vernissage</b>, Almonte          ♫ <b>White Sheep of the Family</b>, Constance Bay</p>	<p>♫ <b>Almonte's Got Talent</b>, Almonte          ♫ <b>An Evening of One-Act Plays</b>, Perth          ♫ <b>Anniversary Supper</b>, Pakenham          ♫ <b>Auditions</b>, Perth          ♫ <b>Brothers Chaffey</b>, The Downstairs Pub          ♫ <b>Danny Remabadi</b>, Harry McLean's Pub          ♫ <b>Heritage Apple Days</b>, Carp          ♫ <b>Metcalfe Geoheritage Park Opening</b>, Almonte,          ♫ <b>Open House &amp; Talk</b>, Carp          ♫ <b>Pacific Curls</b>, Neat Coffee Shop          ♫ <b>Sounds Sweet</b>, St. James Gate          ♫ <b>Voyageur Canoe Tour</b>, Smiths Falls          ♫ <b>White Sheep of the Family</b>, Constance Bay</p>	<p>♫ <b>An Evening of One-Act Plays</b>, Perth          ♫ <b>APEX Jazz Band</b>, The Royal Oak          ☑ <b>Creative Spark Artists' Lecture Series</b>, Perth          ♫ <b>Heritage Apple Days</b>, Carp          ♫ <b>Live Jazz</b>, Fiddleheads</p>
<p>22</p> <p>♫ <b>Almonte in Concert</b>, Almonte          ♫ <b>Blues on the Rideau</b>, Westport          ♫ <b>Live Sound &amp; Flow with Jeremy Sills</b>, Armprior          ♫ <b>Mario Franco &amp; Son</b>, The Cove          ♫ <b>Open Stage w/Crimson</b>, The Downstairs Pub</p>	<p>♫ <b>Acacia Lyra</b>, Carleton Place          ♫ <b>Counterfit</b>, The Downstairs Pub          ♫ <b>Fall Tea &amp; Bazaar</b>, Almonte          ♫ <b>Jazz at the Swan</b>, The Swan at Carp          ♫ <b>Maskeraid Halloween Parade</b>, CP          ♫ <b>Next in Line</b>, St. James Gate          ♫ <b>Saturday Soirees w/Terry Cowan</b>, The Cove          ♫ <b>Terry Tufts</b>, Harry McLean's Pub          ♫ <b>Wine-tasting Fundraiser</b>, Smiths Falls</p>	<p>♫ <b>Almonte Community Centre Opening</b>          ♫ <b>Amanda &amp; Claire</b>, Almonte          ♫ <b>Country Harvest Music Show</b>, CP          ♫ <b>Magnolia Rhythm Kings</b>, The Royal Oak          ♫ <b>SRO Tea Dance</b>, Almonte</p>
<p>29</p> <p>♫ <b>Almonte Lecture Series</b>, Almonte          ♫ <b>Big Act</b>, Smiths Falls          ♫ <b>Breakfast with Soul</b>, Almonte          ♫ <b>Hard Pushing Papa</b>, Smiths Falls          ♫ <b>Mario Franco &amp; Son</b>, The Cove          ♫ <b>Nelson Colt</b>, Smiths Falls          ♫ <b>Open Stage w/Billy Armstrong</b>, The Downstairs Pub</p>	<p>♫ <b>Halloween w/Night Crawlers</b>, St. James Gate          ♫ <b>Halloween w/The Termites</b>, The Downstairs Pub          ♫ <b>Halloween w/Mumbo Jumbo Voodoo Combo</b>, Neat          ♫ <b>Lake Links Workshop</b>, Perth          ♫ <b>Masquerade Gala</b>, Carleton Place          ♫ <b>Halloween Costume Party</b>, Harry McLean's Pub          ♫ <b>Prints of Darkness</b>, Carleton Place          ♫ <b>Saturday Soirees w/Terry Cowan</b>, The Cove</p>	<p>♫ <b>APEX Jazz Band</b>, The Royal Oak          ☑ <b>Creative Spark Artists' Lecture Series</b>, Perth          ♫ <b>Live Jazz</b>, Fiddleheads          ♫ <b>Prints of Darkness</b>, Carleton Place</p>

**Acacia Lyra**, Oct. 23, 7:30pm. Voice, Celtic harps and guitars. Proceeds to emergency dental care. St. Andrews Presbyterian Church, 37 Bridge St., Carleton Place.

**Amanda & Claire**, Oct. 24, 1-3pm. Acoustic guitar/vocal duet, Palms Coffee Shop, 78 Mill St., Almonte.

**Country Harvest Music Show**, Oct. 24, 7pm, Great Ottawa Valley Country Music. Proceeds to CP Town Hall restoration fund. Carleton Place Arena, 253-5046.

**SRO Tea Dance**, Oct. 24, 1-4pm. With swing band Standing Room Only. Almonte Old Town Hall, \$10 (cash only).

**Hard Pushing Papa**, Fri., Oct. 29, Rideau Canal Museum, Smiths Falls.

**The Royal Oak** (329 March Rd. Kanata, 591-3895); jazz on Sundays (3-6pm), no cover: Oct. 3, 17, 31 APEX Jazz Band  
 Oct. 10, 24 Magnolia Rhythm Kings

**The Downstairs Pub at JR's** (385 Ottawa St., Almonte, 256-2031), open stage Fridays, live music from 9pm  
 Oct 2 Forty Creek, \$4  
 Oct 9 Karaoke  
 Oct 16 Brothers Chaffey, \$4  
 Oct 23 Counterfit, no cover  
 Oct 30 Halloween w/The Termites, \$5

**St. James Gate** (111 Bridge St., Carleton Place, 257-7530): Live at the Gate Saturdays, no cover (8:30-10:30pm).  
 Oct 2 The Diplomats  
 Oct 9 Brea Lawrenson  
 Oct 16 Sounds Sweet  
 Oct 21 Jazz night (8:30-11pm) Peter Brown & Lucas Hanneman  
 Oct 23 Next in Line  
 Oct 30 Halloween w Night Crawlers

**Fiddleheads** (Code's Mill, Perth, 267-1304).  
 Sunday Jazz from 12-3pm  
 Oct 3 Clay Young & Tim Roberts  
 Oct 17, 31 Clay Young & guest

**The Cove** (2 Bedford St., Westport, 273-3636): Mario Franco & Son Fri 6-9pm, Terry Cowan & pianist Sat 6-10pm  
 Oct 7 Spencer Evans Trio w Ryan Lewis, 9-11pm

**The Barley Mow** (79 Little Bridge St., Almonte, 256-5669): Terry Tufts Thur (8-11pm).

**Ballygiblin's** (151 Bridge St. Carleton Place, 253-7400): CP Celtic Jam Wed (8-10pm).

**Neat Coffee Shop** (1715 Calabogie Rd., Burnstown, 433-3205)  
 Oct 2 Julian Fauth, \$20, 8pm  
 Oct 9 Ian Tambllyn, \$20, 6pm  
 Oct 14 Bruce Peninsula, \$15, 6pm  
 Oct 15 Jason Collett, \$20, 6pm  
 Oct 16 Pacific Curls, \$15, 8pm  
 Oct 30 Halloween Party with Mumbo Jumbo Voodoo Combo

**Naismith Sports Pub** (411 Ottawa St., Almonte, 256-6336): Open Celtic Jam (7:30-10pm).

**Harry McLean's Pub** (111 St. Lawrence St., Merrickville, 269-4223)  
 Oct 2 Fortunate Soul  
 Oct 4 Open Stage  
 Oct 9 On Common Ground  
 Oct 16 Danny Remabadi  
 Oct 23 Terry Tufts  
 Oct 30 Halloween Costume Party

**Jazz at the Swan** (The Swan at Carp, Fall-down Lane Carp, 839-7926) 7-10pm.  
 Oct 9, 23

**Community** 

**Farmers Market Harvest Festival**, Oct. 2, Lake/Beckwith St. 253-3561.

**Lanark County Hayride Barn Dance**, Oct. 2, 5-10pm, Zion-Memorial United Church, 37 Franklin St., Carleton Place.

**Minor Hockey Kick-off Dance**, Oct. 2, Carleton Place Arena

**Scarlet Maple Tour**, Oct. 2 (10am-4pm), Oct. 3 (12-4pm). Free self-guided driving tour of Lanark Highlands.

**Solar & Straw Bale Open House**, Oct. 2 & 3, 1-4pm. Tour straw bale homes. nr Killaloe, 756-3884, www.livingsol.com.

**Spirited Evening Cemetery Tour**, Oct. 2, 7-9pm. Hillcrest Cemetery, RR 3, Smiths Falls. 283-8560, www.smithsfalls.ca/heritagehouse. \$5 adults, \$4 6-18 yrs.

**Taking steps Against Breast Cancer**, Oct. 2, 9am. 5-km fundraising walk for all ages & fitness levels. Conlon Farm, Perth. 267-158, www.takingsteps.ca.

**Dedication of Windows at Cedar Hill School House**, Oct. 3, 2pm. 270 Cedar Hill Side Rd., Pakenham. 256-179.

**Guided Nature Walk**, Oct. 3, 10am-3pm. To top of Blueberry Mountain. CliffLAND, 52 Hills of Peace Rd, Flower Station. 259-3412, www.mmltc.ca. \$10; 12 & under free

**Valley Singles Lunch**, Oct. 3, 12:30-2:30pm. Register at 256-8117 or 432-7622. The Barley Mow, Almonte.

**Green Drinks**, Oct. 5, 5:30-7:30pm, www.greendrinks.org. The Crown Pub, 71 Foster Street, Perth.

**Women's Business Group**, Oct. 12, 7:30am, Buster's Bar and Grill, 515 McNeely Dr., CP. www.wbgroup.ca.

**CP All Candidates Night**, Oct. 13, 6pm, Carleton Place Arena, 75 Neelin St.

**Anniversary Supper**, Oct. 16, 4-7pm, St. Andrew's United Church, 2585 County Rd 29, Pakenham.

**Heritage Apple Days**, Oct. 16. Sample heirloom apples and tour Harvest Moon Orchard. 4625 Carp Rd., Carp.

**Metcalfe Geoheritage Park Opening**, Oct. 16, 1-4pm. Downtown Almonte, bottom of Mill Street.

**Open House & Talk**, Oct. 16, 1pm tour; 2pm talk: How to cleanse for winter. Carp Ridge EcoWellness Centre, 2386 Thomas Dolan Pkwy, Carp. 839-1198

**Voyageur Canoe Tour**, Oct. 16, 10am. Reservations: 284-8338, Rideau Canal Museum, Smiths Falls. \$65

**Mayan Code Study Group**, Oct. 18, 8am-11pm, Pot luck breakfast; 330 Wilson St., Appleton. sajewisdom@gmail.com. Free

**Talking Turkey-It's Wild**, Oct. 21, 7:30pm, Lecture by Cathy Keddy, MVFN Program Chair: Almonte United Church, 257-389. \$5 for non-members.

**Live Sound & Flow with Jeremy Sills**, Oct. 22, 7pm. Flowing yoga with Crystal Singing Bowls. Hollow Tree Yoga, 150 John St. N., Armprior. hollowtreeyoga.com.

**Fall Tea & Bazaar**, Oct. 23, 1-3pm, Tea room, arts & crafts, baking, Almonte Civitan Hall, 500 Almonte St., 256-3635.

**Maskeraid Halloween Parade**, Oct. 23, 7pm. In support of the Lanark County Food Bank. Downtown Carleton Place. www.gettoknowcarletonplace.com.

**Wine-tasting Fundraiser**, Oct. 23, 7pm. Fundraiser for Rideau Canal Museum, Smiths Falls. www.rideau-info.com/museum. \$30

**Almonte Community Centre Grand Opening**, Oct. 24, 12-4pm. BBQ, cake, free skate. 182 Bridge St., Almonte.

**Municipal Election Day**, Oct. 25

**Armprior Quilters' Guild**, Oct. 27, 7pm, Christian Education Centre, 257 John St. N., Armprior: \$5 or \$20/yr membership.

**Almonte Lecture Series**, Oct. 29, 7:30pm, Nancy Binnie on Paint Detectives: Colour & Chemistry. Almonte United Church. almonte-lectures.ncf.ca

**Breakfast with Soul**, Oct. 29, 8-10am, Open discussion, 194 Spring St., Almonte. lillywhiteangels@sympatico.ca. Free

**Lake Links Workshop**, Oct. 30, 8:30am-3pm. Addressing common lake/river issues. Register at 272-5136, Perth Civitan Hall, info@watersheds.ca. \$12

**Masquerade Gala**, Oct. 30, Hosted by Rotary Club, Carleton Place Town Hall, 175 Bridge Street

# You Need Goals... or Do You?

When I grow up...

It is interesting how the end of this sentence changes over the years.

"I'm gonna be an actor/singer/dancer!"... "I'm gonna be an accountant and have cats! And a husband... but he has to like cats" ... "I'm gonna have a nice big house and a nice car and a career and tons of money"... "I'm gonna

(Caution: do not high five whilst holding your beer, or you may spill your beer, thereby ruining the moment.)

That being said, if we remain too focused on "the prize", surely we will miss out on a lot of great things. For instance, if you are a young woman looking for the man of your dreams, and you have a mental list (rich, handsome, tall, owns horses...), and discount anyone who does not fulfill all qualifications, you may miss out on the shorter, non-horse-owning guy who would love you to bits.

It is actually a recent experience with friends — you know who you are — that brought this concept home to me. They have been apartment dwellers for years, in the 'burbs, long dreaming of relocating to where the air is fresher

to find just the right home in just the right area... but how often is it also at just the right price? Especially if one is not rich, and most of us are not. In my opinion, happiness in life requires you consider what you *really* want, keeping your eyes open for it and enjoying what you have along the way. You may need to take a step back to see what is most important to you — certainly do not compromise on your "needs" — but there are often many things that turn out to be simply "wants", and we don't have to fulfill all of those right now, much as that would be awesome.

They *needed* a place in Almonte, as that is what brought them to the decision to move. They *needed* a place that accepts cats. They *needed* a clean home where they could feel safe. And they *needed* a rent which would allow them to put a little aside for their future house and property. And as soon as they decided that... poof! I am happy to report that they found a nice apartment, with a great view (I am envious!), on a friendly street, right here in town. The accommodations may be smaller than they'd like, but luckily they have a friend with a large garage.

And it's not like they have given up on their dream — believe me — they still want that place in the country. But there are often many steps between our present and our goals.

## You May Not Score in the First Period

With our society's urge for instant gratification, where televisions are half on even when switched off, so they light up as soon as we press "on" (remember when we had to *wait* 'til the tube warmed up for the full picture to appear? Such dark ages!), it is hard for us to *not* want everything now! We forget that the rule used to be

that you had to work for what you got, and not just get it because you wanted it. Or is that just my parents talking.

## I can see it! I can see it! I can't see it...

It can be challenging to keep your eyes on the prize when, sometimes, our goals seem so distant that they are obscured by the curvature of the earth. Hmm... perhaps some closer goals are in order... mini-goals... more goals would, after all, mean more beer

and more high-fives. (Remember: beer down first, then high five.)

Well, I have now reached my goal of writing this article — "newspaper five!" (I'm hoping you just hit *theHumm* lightly with your hand). I am one step closer to my goal of world domination... but I will stop to celebrate reaching my mini-goal, and suggest you do the same.

Sure — keep returning your eyes to that prize... or prizES... just don't forget to stop and smell the chocolate.

by Rona Fraser

stop renting and finally have my own house, and make enough money that I can live o.k. and save enough for a new car"... "well, I don't intend to ever 'grow up', but in the future, I want a house with enough room to have guests over comfortably, and the rest? We'll just see how it goes."

## ...you may miss out on the shorter, non-horse-owning guy who would love you to bits.

Our plans may change with age and perspective, and of course the thoughts above were out of my own head... not necessarily common to all, but you get my point. (Or maybe you *are* all frustrated actor/singer/dancer/accountants!) I think it is good to have these kinds of thoughts — good to look toward the future and dream of improvements to our lives — but I am getting worried that, when unquestioned, these dreams can hinder rather than help.

## Eyes On the Prize

They say that it is important for us to know our goals and remain focused on them. I do agree, partly, for if we do not know our goals, how do we expect to ever reach them? And how can we celebrate attaining our goals (with dinner, a beer, or a high five) if we never defined them in the first place.

and the pace, calmer. Of buying a spacious home, not too big, no immediate neighbours, plenty of land, environmental, not too expensive and, most importantly: in Almonte. They had both fallen in love with the town on their regular visits — with the people, the river, the shops, the coffee, and the general feel of the place.

## Needs vs. Wants

Finally the time was right to look for jobs and a home. They would rent first, and so began looking at semi-detached houses. Well, each place was either too expensive, too small, the streetlight was too close, or something didn't feel quite right. Now, I am *definitely* not saying you should go against your instincts — if it doesn't feel right, don't do it — but you also can't hold out for perfection, right? Sure, now and again we are lucky

# Dedication of Windows at Cedar Hill Schoolhouse

Cedar Hill School House, constructed in 1874, is a well-preserved example of early Ontario one-room school design. While it ceased functioning as a school in 1968, it has been designated a historic site and is used for community events and as a rental facility. Friends of the Cedar Hill School House, a local committee that assists the Town of Mississippi Mills in maintaining the schoolhouse as a community centre, launched a campaign this year to replace the six large

windows in the original heritage style. Once again, the community of Cedar Hill generously responded.

Rob Playfair, an experienced heritage carpenter from the Perth area, did the window replacement work. Please come on Sunday, October 3, at 2PM, to the Cedar Hill School House Community Centre, 270 Cedar Hill Side Road in Pakenham, to celebrate the dedication of these windows and to honour the six families who each sponsored a

window. They include the Conner-Johnston family, the Deugo family, the Donaldson family, the Forsythe family, the Raymond and Isobel Fulton family, and Helen Fulton MacHardy.

The Friends also wish to thank the many other people who made donations which will be used to restore two smaller windows, to refinish benches, and for the continued maintenance of the school.

For more information, please contact David Donaldson at 256-1079.



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# PPAC's Dynamic Fall Line-Up

Those good folks at the Perth Performing Arts Committee (PPAC) are working hard to ensure you have a plethora of performances of which to partake between now and the Christmas holidays.

Thursday, October 21 brings **The London Quartet** to town. Long recognized as one of Britain's great vocal groups, they were founded in Cambridge as a purely a capella student group and first came to prominence in the Tim Rice musical *Blondel* in London's West End. Since then they have pursued a policy of constant and dynamic renewal, pushing back musical frontiers, exploring ever-new territories and attracting a substantial following across the musical spectrum, both in Europe and further afield.

Their show, *From Madrigal to McCartney*, takes the audience on a musical journey from early part-songs, through Bach and Rossini, folksong and classical parody to the Beatles and into the twenty-first century with Richard Rodney Bennett's *A Good Night*, commissioned by Paul McCartney.

Next up is a theatrical performance of *Trudeau Stories* on Thursday, October 28.

In this one-person show written and performed by Brooke Johnson, she revisits 1985 when she was a student at the National Theatre School in Montreal and became friends with Pierre Elliott Trudeau. Through reminiscences, journal entries and correspondence, Brooke brings to life the story of a remarkable friendship in this poignant, charming and funny pro-



duction. This private insight into the man and the times as seen through the eyes of a passionate artist is not to be missed.

As an exciting early Christmas present, PPAC presents **Jully Black** on Saturday, November 27 as an additional performance, sold separately from the season series.

One of Canada's most revered superstars, Jully Black is paving a new path for women in Rhythm and Blues. This Juno-award winner in 2008 in the R&B/Soul Recording of the Year category is nominated again this year for her current release, *The Black Book*. According to the National Post, "Jully Black contends for Tina Turner's throne. She has oodles of talent, including a powerful, husky voice, a flair for songwriting, and a fierce musical instinct."

All shows begin at 8PM in the Mason Theatre at Perth & District Collegiate Institute at 13 Victoria Street in Perth. Single tickets are available from TicketMaster, 755-1111 or <[www.ticketmaster.ca](http://www.ticketmaster.ca)>, or from Jo's Clothes in Perth (264-2898). For more information about this year's season, please visit <[www.PerthPAC.org](http://www.PerthPAC.org)>.

# MAVfest: Musicians Against Vandalism

George Turcotte, an Almonte musician and owner of Mississippi Mills Musicworks, invites all and sundry to attend the very first MAVfest event at the Almonte Old Town Hall on Friday, October 15 at 7:30PM. He is organizing this concert (and hopefully others to follow in the future) in an effort to raise money to fight vandalism in our community.

George is against vandalism in general (just ask him about his Musicworks signs...), but he has a specific beef about hooliganism that impacts music, and the public's ability to enjoy it. This past summer when someone took a knife to the large covered stage that was set up in Gemmill Park for the Canada Day celebrations and Celfest, George took it personally. As George puts it: "One man's dream — a dream that is shared by a large number of those who know it — came dangerously close to being cut down by a misguided vandal with a knife. Jim Mountain, founder of Celfest, has a beautiful vision: that the covered stage be erected in Gemmill Park at the beginning of summer and left set up for the use of our own residents —

and artists across the globe. The problem is, vandals make it difficult. We're raising money to repair the original damage incurred on July 2, but also to install a security system that will turn Jim's spark into a global beacon of performance art."

George has a number of talented folks helping him on October 15. The first act is Ken Workman and The Union, featuring Ken Workman on guitar and lead vocals, Sean Burke on bass, Don "Slim Pickin's" Kenny on drums and vocals, George Turcotte on lead guitar, mandolin and vocals, and Kathryn Briggs on piano and B3. During the half hour intermission, attendees are encouraged to refresh themselves at the bar, socialize, and peruse the silent auction. The second act is "A Light on Lightfoot", featuring Terry Tufts on guitar and vocals, Tobias Meis on double bass, T. Bruce Wittet on percussion, and George Turcotte on guitar, mandolin, dobro and vocals.

MAVfest tickets are \$45, and are available at Mississippi Mills Musicworks (453 Ottawa Street) in Almonte. You can also call 256-7529 for more details.

—Kris Riendeau

# A Time to Dance

A year flies by, doesn't it? If you've ever wondered what a year to yourself, doing what you want, feels like, well, time does not slow down. Take it from me, because that's what I've just done. I took a year out of life; stopped teaching, and painted for, well OK, not quite a year. But ten months is quite a long time.

Somewhere in the middle of this time, for some precarious moments, I felt balanced. Harmonious. One with life. Fleeting, but I had it. Now, it's September 2010, a year later. The sun is out — it is a gorgeous September day, as I gear up to become an art teacher once again.

So what did I do with my year to myself? I painted... painted... and painted. It only made the longing to create worse in some ways. Because once you start to investigate anything you feel curious about, it just increases your creative ideas — tenfold. I wanted to paint until I was sick of it — really get this longing to create out of my system. It didn't happen.

Having so many ideas of what to paint, I do tend to string my many plans out into the foreseeable future, only to never have time to paint everything I want. So I did not plan anything; I resisted that urge. I told myself I would have to make decisions in the moment if I wanted the work to be fresh and spontaneous.

So in the third week of September, when I decided it would be figures — dancers — it seemed a natural fit. The whole thing started with a suggestion from a friend that I create one 5 x 7 painting every morning, just for the discipline of it. I liked the idea. I am a morning person. I could get a lot of those ideas dealt with this way. The smaller the work, the more ideas I can get through. It wasn't long before

I was waking up every morning, totally excited about my 5 x 7 adventure of the day.

Sometime in October, I realized I had a major series on my hands, and decided I would paint small in pastel, choose the better compositions to paint medium-sized in acrylic, and the very best ones, large, in oil. By December, I had about eighty-five pastels kicking around. By March break, the acrylics were done. Luck gave me an early spring, as I found myself painting in the garage, in oil. Waking up every day, with only plans to paint, for months on end, was like a dream. A do-able dream. I can handle this amount of work. And get the laundry done. I loved my pace.



The series really came from a moment when I saw my daughter and her dance group preparing for a competition. They were dressed in traditional ballet costumes, full flouncing skirts, tight little bodices — they reminded me of those scenes by Degas — all the dancers standing around, or watching one girl practice a move. They were gorgeous, whether they knew it or not.

A while later, I had my daughter, Solange Desrochers, and her friend, Kerin Hudson, costumed and ready to dance around my house. With a collection of hundreds of photos, taken from every angle, I had a lot to choose from. The girls did not "act" for

me, like ballerinas. Instead, they simply behaved like themselves. What else should they have done? Thank God. Because what I ended up getting out of creating this series is a chronicle of two girls who dare to just be themselves — goof around, act silly, trust each other, talk, dance, and express themselves. They gave me so much, in a complete and innocent fashion. So yes, the paintings are all of dancers, but the paintings are about friendship, trust, laughter, lightness, grace, and intimacy.

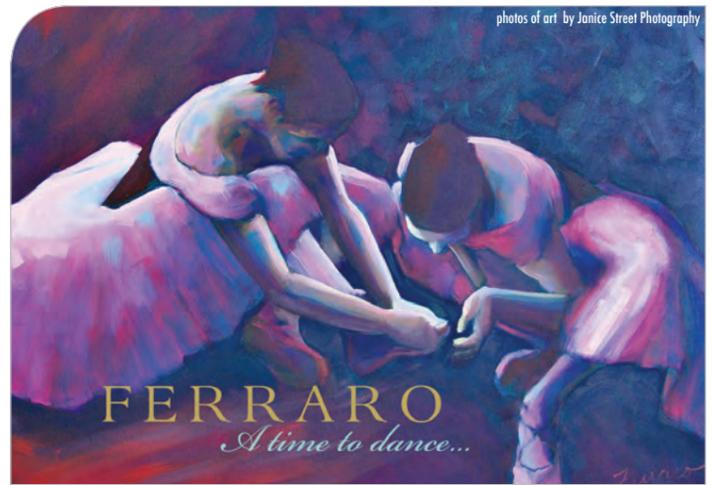
I had no idea that I would paint 125 paintings in series. I had no idea I would publish a book about the experience. Life is full of surprises.

Grateful for the experience, I now head back into teaching, and sharing all my hard-earned learning with my students. It's September — a time of change. I welcome my students back into the fold, sharing passion and love for painting, with laughter, lightness, and all the things those two girls gave me.

In celebration of my year to dance, I invite everyone to a showing of this collection and a day of music, dance and art. The party will take place at the Crichton Cultural Community Centre (200 Crichton Street in Ottawa) on Sunday, November 14, from 12 to 5PM.

If you miss this event, you will have another chance to view the work and purchase the book *A Time to Dance*. My open studio runs Friday, November 26, from 6 to 9PM, and Saturday and Sunday, November 27 and 28, from 10AM to 5PM. It is located at 113 Terraview Dr., RR#1 Kinburn (2.5 km from the Panmure Rd. exit off Hwy 417).

Please help me celebrate!  
— Margaret Ferraro



Local artist Margaret Ferraro recently took almost a year off to create, and wound up with a series of 125 paintings and a book to show for it! Find out more at <[www.ferraro-art.com](http://www.ferraro-art.com)>.

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Oct. 22 • Blues on the Rideau presents Shakura S'Aida, \$55 (7-11PM)

Friday Cuban Guitar with Mario Franco (6-9PM)

Dinner and Piano Saturdays (6-10PM)

# Gala Celebrates Business in Mississippi Mills

On Wednesday, October 20, the Mississippi Mills Chamber of Commerce will host its third annual Business Awards Gala at the Almonte Civitan Hall. Last year's Gala was a sell-out with over 200 attendees. This year organizers are expecting at least as many people to attend in order to honour the winners of local business awards. The three awards are for Economic Contribution, Community Involvement, and Creativity & Innovation.

This formal gathering — which features a guest speaker, live dinner music, and local dignitaries — is a celebration of commerce in Mississippi Mills. The keynote speaker is Rebecca LeHeup, who is the Executive Director of Ontario Culinary Tourism Alliance. Ms. LeHeup was integral in developing the Taste Trail marketing initiative in Prince Edward County, which is now a huge draw for visitors and residents alike. There will also be brief updates from the Chamber and MAAP (Mainstreet Almonte Attraction & Promotion) regarding their ongoing marketing initiatives.

Please consider nominating a local business for an award. Nomination forms are available at Appleton Gift & Basket, and must be returned there by Tuesday, October 5. Gala tickets are also available there,



Rebecca LeHeup, Executive Director of Ontario Culinary Tourism Alliance, will speak at the Mississippi Mills Chamber Business Awards Gala on Oct. 20

for \$50 each or \$360 for a table of eight. Forms and tickets are available online at <[www.mississippimills.com](http://www.mississippimills.com)>. As this is a catered event, please purchase your ticket by October 12.

# Hidden by Design: Uncovering the Past

## Next Almonte Lecture on October 29

The second in the Almonte Lecture Series will be held on Friday, October 29, and presented by Nancy E. Binnie, Senior Conservation Scientist at the Canadian Conservation Institute, Department of Canadian Heritage. (Please note that last month's ad incorrectly listed the date as October 22.)

Architectural paint research faces the challenge of understanding the decorative changes that have taken place in buildings over time. In old private homes and public buildings, traces of earlier paint and decoration, now hidden from view, can often be found by the systematic sampling of surfaces.

The comprehensive examination of all types of surfaces (floors, baseboards, walls, ceilings, window casings, etc.) can result in the discovery of earlier colour chronologies, and coordinated design changes can often be suggested. The information generated can be used in building rehabilitation or for the interpretation of earlier design schemes.

This lecture will describe the stages of an architectural paint research project, from taking samples to methods of analysis to how the colour/composition chronology are presented. Examples will be presented from the following buildings:

- Glanmore House National Historic Site (1882-83), Belleville — a historic museum;
- The Federal Building, Winnipeg (1937) — a stenciled ceiling in the entrance lobby;
- The former Bank of Montreal building (1928-1931) located on Sparks Street, Ottawa — to be refurbished as the new Ceremonial Room 200 for the House of Commons; and
- The tropical greenhouse (1928) located at the Central Experimental Farm in Ottawa — a working greenhouse scheduled for maintenance rehabilitation.

Other lectures in the series include *Grey Owl: Amiable Fraudster* by Michael Gnarowski (on November 19), *Ottawa: A City Grows Up* by Alain Miguelez (January 21, 2011), *The Competition for Attention* by Warren Thorngate (February 18), *The Invisible Woman* by Brian McKillop (March 18), and *Soil: The Earth's Skin at Work* by Ken Torrance (April 22).

All lectures are held in the Almonte United Church Social Hall at 106 Elgin Street, at 7:30PM. For more information on the October lecture or the series, see <[almontelectures.ncf.ca](http://almontelectures.ncf.ca)>.

— Don Wiles

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Whether you choose a manicure or pedicure, a facial, a body treatment, reflexology or a massage, you are sure to appreciate the soothing space that Carmel Broughton has created at Carmelized — her home-based studio on Victoria Street in Almonte. As she explains, “my goal was to create a place where women and men could come for a treatment and also have a relaxing experience that is private, affordable, and that prioritizes their needs while using the best natural products available.”

Carmel has been running small businesses in Almonte since she moved here with her family 16 years ago. Her experience runs the gamut from woodworking to selling cards and gifts, but she has always had a particular flair for personal, one-on-one service. A few years ago she felt the time was right to go back to school, so she became an esthetician and started a full esthetic service that offers “rejuvenating treatments for body and soul”. Currently, she is in the process of moving to an exciting new product line that is holistic with natural and organic ingredients, as well as being environmentally and fair trade responsible.

Carmel finds that participation in the Chamber helps to increase the visibility of her service-based business run from her home. The networking, word-of-mouth referrals, and opportunities to partner with other local businesses for promotions and events have all been especially valuable to her.



**Carmel Broughton — Mississippi Mills Chamber member since 2000**



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Meet us:

**October 20 – Business Awards Gala**  
Starting at 6PM at the Almonte Civitan Hall. Keynote speaker **Rebecca LeHeup**, Executive Director of Ontario Culinary Tourism Association.  
**Tickets:** \$50 each or \$360 for a table of eight, from Appleton Gift & Basket or Watt's Cooking or online at [bit.ly/CoC-Gala2010](http://bit.ly/CoC-Gala2010)

Join us:

To become a member of the Mississippi Mills Chamber of Commerce please email your request to [manager@mississippimills.com](mailto:manager@mississippimills.com). Members who attend our monthly MIXERS are eligible to win a business profile like this one!

# New Directions with New Directors

Directing a play is not for the faint of heart. To begin with, a director must have a sound knowledge of theatre and of what makes a successful production. He or she must consider blocking (the placing and moving of characters on the stage), pacing (knowing when the action should speed up or slow down, and how to achieve this), and how to create the desired mood of the play. And they must know the script of the play inside and out. Added to this, they must deal with actors who can sometimes be difficult. No wonder so many say, "I never want to direct a play."

But Studio Theatre in Perth can boast two intrepid women who have taken up the challenge of directing. Roberta Peets and Kathie Reid, neither of whom have directed before, will each direct one of the two plays in the company's fall production: *An Evening of One-Act Plays*.

Not that these two women aren't superbly qualified to take on the challenge. "Most of my experience has been back stage," Roberta says. "I've done the whole range of backstage responsibilities, from props and dresser, set painting and producer, right through to stage crew and stage manager — pretty much the whole gamut." Roberta was the stage manager for the entire Eastern Ontario One-Act Play Festival when it was hosted by Studio Theatre last fall. She has also acted in several Studio Theatre productions as well as in the Perth Community Choir's *Iolanthe*.

Kathie has had almost thirty years of acting experience. "I started in 1982. I

know that," she recalls with a chuckle, "because Robbie was two, and that's when I thought, 'I gotta get out of the house.'" Because she came from a musical family, Kathie first joined the Perth Community Choir. From there, she went on to take regular acting roles, such as Aunt Martha in *Arsenic and Old Lace*. She was an assistant director to Brent McLaren in *Fiddler on the Roof* and, in the late 80s, she directed, as a fundraiser, a review with 101 children. The fundraiser was highly successful, but as Kathie puts it, "Now you know why it's taken me a long time to direct again."

Both Roberta and Kathie agree that their experiences have helped enormously in this current undertaking. "Both of us had had a rich experience with different theatre companies," Roberta points out. "Absolutely," Kathie concurs, "and with very different directors, which has always been so interesting."

The choice of Roberta and Kathie for their fall production is the result of Studio Theatre's program to interest and train new directors. It was felt that new directors were better to start with one-act plays, and this experience hopefully would give them the experience and confidence to graduate to a full-length play. Mentors volunteered to be available for consultation and advice so that the novice directors would not feel isolated. Roberta and Kathie chose plays from suggested readings, with one assigned to be the entry in the EODL One-Act Play festival in

November. Roberta chose the comedy *My Narrator*, by Canadian Norm Foster, and Kathie chose *The Last Act is a Solo* by Robert Anderson, a poignant drama about an elderly actress planning her last role. *My Narrator* has been chosen to go on to the festival.

So how do they feel about the whole directing experience? Says Roberta, "I'm very excited about it because of having the whole system in place to help us and support us while we're doing this. I think it's brilliant of Studio Theatre to invite us to have a mentor to work with us the first time. We have wonderful actors in our casts, both of us, and we have a great support system in the Board and in the technical people we will be working with."

And Kathie is anticipating more directing roles. "I'm looking forward to just doing it and having a good job behind me and feeling great about it," she says about the current production, "and then I'll feel confident enough to maybe try another one."

*An Evening of One-Act Plays* runs October 14 to 16 at 8PM and October 17 at 2PM at the Studio Theatre in Perth. Tickets are \$18 in advance, \$20 at the door and



New directors Kathie Reid (standing) and Roberta Peets take on *An Evening of One-Act Plays* at the Studio Theatre in Perth

may be purchased at the Bookworm and Book Nook in Perth. For credit cards purchases, call Tickets Please! at 485-6434.

For further information, call 267-7469 or visit <[www.studiotheatreperth.com](http://www.studiotheatreperth.com)>



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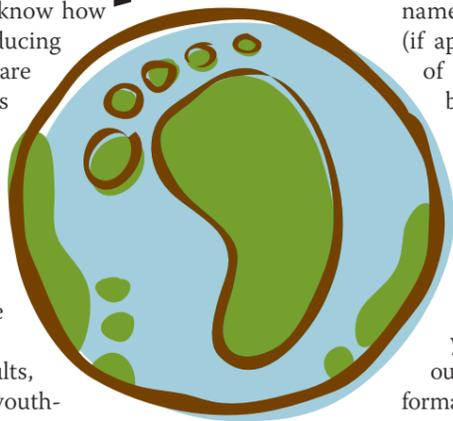
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# TYPS Eco-Footprint Contest

TYPS Youth Centre wants to know how well Almonte is doing in reducing its impact on the Earth. They are inviting community members to participate in a contest that measures their ecological footprint on the planet. It is simple and easy — all you have to do is log onto [myfootprint.4-u.pl/en/visitor\\_information](http://myfootprint.4-u.pl/en/visitor_information) and fill out the questionnaire for your home or business.

Once you receive your results, email them to [julie@typsyouthcentre.org](mailto:julie@typsyouthcentre.org). Don't forget to include your



name, the name of your business (if applicable), and the number of people in your home or business.

All participants will receive a prize and TYPS will post the results on [www.typsyouthcentre.org](http://www.typsyouthcentre.org) in mid-October. TYPS is taking the quiz too — see how they measure up to your home or business! Check out their website for more information about this issue.

## New Work in the Field

Two new installations are coming to fieldwork this autumn!

*Aeolian Organ*, an installation by Ottawa artist, composer, musician, and writer Jesse Stewart, consists of tuned pipes of various lengths, distributed across the field in such a way as to create a waveform across the horizon. Made out of four-inch diameter black ABS pipe, the pipes elicit different tones as wind blows across vertical openings near the top of each tube. These openings are oriented in various directions such that shifts in wind direction will activate different pipes, resulting in an ever-changing series of harmonies. The pipes are tuned to a natural minor scale or "aeolian mode", named after Aeolus, the Greek god of wind. Although the pipes will only sound on windy days, the piece draws attention to both the landscape

and the soundscape in all kinds of weather, encouraging those who engage with the work to think about the relationship between themselves, the landscape, and the sonic environment.

This installation will run until the spring of 2011 at the fieldwork site, which is just east of 2501 Old Brooke Road, on the opposite side of the road (north side). Detailed directions can be found at [www.fieldworkproject.com](http://www.fieldworkproject.com).

Kelly Price, media artist, writer, and musician from BC has created fieldwork's first online installation. *Field of Play* has been developed as an online installation for the fieldwork website. It is inspired by nostalgia for growing up in rural Ontario, and draws on memories of playing in open fields as a child. Based on a series of sound recordings done in the spring of 2010 at a chosen field site on Gabriola

Island, BC, acoustic elements and the experience of inhabiting the field site became the starting points for the creation of an interactive, online landscape.

Questions surrounding the interplay between tangible/virtual landscapes, embodiment and the internal landscape of the imagination are key to *Field of Play*. The user is invited to play within a virtual "field" of sound and image. Although it can be a challenge to linger, to slow down and listen, it is this challenge that informs the experience. It is in stillness and attention to detail that moments of playfulness are uncovered. *Field of Play* is a digital meditation on the pleasure of creating and holding space in order to re-engage with oneself and the environment. This installation is ongoing at [www.fieldworkproject.com](http://www.fieldworkproject.com).

The Perth Community Choir  
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# Sweeney Todd

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A musical thriller

Music and lyrics by  
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Directed by  
Janice Jacklin

Musical Direction by  
Brad Mills

Book by  
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From an adaptation by  
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November 7, 2 pm

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# CROWN & PUMPKIN

OCTOBER 9, 10 & 11, 2010

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